

# ANNUAL REPORT

2009-2010



**A MENTAL HEALTH SOCIETY**

ORGANISATIONAL INFORMATION

# ASHADEEP

## A Mental Health Society

Registered under Societies Registration Act No. **RS/KAM/240/C/385 of 1996-1997**

Registered under Foreign Contribution Regulation Act No. **020780056**

Registered under National Trust No. **0306/MR-MD/2003 dated 11/3/2003**

### Accredited Member of Credibility Alliance

Donations exempted from Income tax Under Sections 12(A) & 80(G) of IT Act 1961

**Head Office** : 1B Piya Apartments, Kanaklata Path, Lachitnagar,  
Guwahati-781007

**Phone No. & Fax** : 0361-2380027

**E-mail** : societyashadeep@yahoo.com

**Website** : [www.ashadeepindia.org](http://www.ashadeepindia.org)

**Name and Address of Bankers** : i) State Bank of India, West Guwahati Br.,  
Bharalumukh, Guwahati.  
ii) ICICI Bank, Bhangagarh, Guwahati.  
iii) Axis Bank, G.S. Road, Guwahati.

**Name and Address of Auditors** : Parthasarathy Choudhury & Associates  
F/90, Gurdwara Building  
Anupchand Lane, Police Bazar,  
Shillong – 793 001.

## **CURRENT PROJECTS of ASHADEEP**



## **From the Secretary's desk .....**

Beginning on a high note, it is a matter of pride for all of us at Ashadeep that the Annual Report for the year 2009-10 was adjudged to be the best in the country, in the small category of the "CSO Partners Outstanding Annual Reports Awards'2010". This recognition, which also carried a cash award of Rs. 3 lakhs, is truly a tribute to the sincere efforts of the entire Ashadeep team. The Annual report is a culmination of the hard work put in by the Documentation Team, the Compiler, the Accountants the Designer and the Printer, whose joint effort has succeeded in presentation of the activities and outcome of Ashadeep's work maintaining the highest standards of transparency, accountability and accuracy. It is also obvious that it is only the sincere commitment and devotion to duty of the Ashadeep personnel at all levels and in all the project areas – the Day Rehabilitation Centre, the Half Way Home, the Rehabilitation programme for Homeless Women with Mental Illness and the Outdoor and Outreach programmes - that allow us to report the resultant qualitative data, information and progressive outcomes.

For a Civil Society organization like Ashadeep which had a humble beginning, rapid growth in the sphere of activities requires a great deal of hard work to maintain all prescribed norms of proper governance and accountability. Our efforts in this area have been reasonably satisfactory, and this status has been authenticated by being awarded Accreditation by 'the Credibility Alliance' for achieving 'Desirable Norms' in governance and accountability. Ashadeep is the first Non- Governmental Organisation in the State of Assam to get this accreditation.

We have to be conscious at all times that we must not be complacent and rest on our laurels, and we are aware that there are many areas in the day to day activities and also in strategies for future growth which need to be strengthened. Sir Ratan Tata Trust our major partner in growth during the last few years, has again come forward through its 'Roopantaran' initiative to help us in Institutional capacity building. Initial visits by resource persons from different relevant areas have begun in this regard and we expect positive outcomes and beneficial effects on the functioning of Ashadeep during the coming years from this partnership.

Ashadeep's work in the last five years could be grouped into three major areas – the Day Rehabilitation services for persons with mental illness and intellectual disabilities, Residential Rehabilitation of Women with Mental Illnesses with prime

focus on the homeless and the Outreach and Outdoor programmes to enable us to provide access to Psychiatric and rehabilitation interventions in remote locations. The experience and expertise gathered in provision of service, has today generated the need for disseminating this knowledge to a wider population through the empowerment of stakeholders in both Government and Civil society. To give shape to this need, a specific programme has been formulated through the newly established 'Resource Centre', which in addition to the sensitization and training of stakeholders would also go into the areas of research and advocacy.

The continuation of support from Navajbai Ratan Tata Trust for a further period of three years from August, 2009 for the Rehabilitation programme of Homeless Women with Mental Illness, Outreach, Outdoor and manpower for the Resource Centre has helped in maintaining the progress of Ashadeep in these areas of functioning. The other major component, the Day Rehabilitation Centre continues to receive support from the Ministry of Social Justice & Empowerment. It must also be mentioned that our association with Special Olympics Bharat, Assam Chapter, has had a very positive impact on the level of our activity with the intellectually disabled of our Day Rehabilitation Centre.

Ashadeep was established in 1996 at Islampur Road, Gandhi Basti, which was our registered office and also housed the Day Rehabilitation Centre for 14 years. There has been a major change in this status as in March, 2010; Ashadeep had to vacate the premises, and shift its Day Rehabilitation Centre to Kahilipara and the Registered Office to Kanaklata Path, Lachitnagar. The dislocation created by such a shift has been overcome now, but I would like to convey my apologies to all stake-holders of Ashadeep who may have been inconvenienced during this process.

I would like to thank all donors, funding partners, well wishers, members of Ashadeep and the members of the staff who have made Ashadeep what it is today.

Guwahati  
22, September 2010

Mukul Chandra Goswami  
Secretary

## Locations of various centres

SI.No.	Centre	Address
1	Day Rehabilitation Centre	HNo. 291, Jatia, By Lane opposite Sarala Residential Complex, Kahilipara Road, Dispur, Guwahati. Pin – 781006. Phone : 0361-2380027
2	Navachetana (Transit Care)	Naamghar Path, Panjabari, Guwahati
3	Navachetana (Rehab)	Kanaklata Path, Lachitnagar, Guwahati
4	Roshmi	'Doya Bandhu Bhawan', Bilpaar Road, Rehabari, Guwahati
5	Psychiatric Outdoor Clinic (OPD)	Medi Safe, Below Ulubari Fly Over, Ulubari Chariali, Guwahati

## Overall progress and results achieved in 2009-2010

SI.No	Project / Activity	No. of Beneficiaries	Progressive Total Upto March, 2010	Supported by
1	Day Rehabilitation Centre, Kahilipara Road, Guwahati	159	273	Ministry of Social Justice & Empowerment, Government of India, New Delhi
2	Roshmi – Half-way-home, Bilpaar, Rehabari Guwahati	53	120	Ministry of Social Justice & Empowerment, Government of India, New Delhi
3	Navachetana – Rehabilitation of Homeless women with mental disorders Rescued from the streets of Guwahati Residents re-integrated with families	55 52	268 221	Navajbai Ratan Tata Trust, Mumbai
4	Free Psychiatric Outdoor Clinic, Ulubari, Guwahati Number of new patients Total examinations	141 602	454 1695	Navajbai Ratan Tata Trust, Mumbai
5	Mental Health Outreach Camps at Sipajhar, Bijoynagar, Mangaldoi, Rowmari, Kokrajhar, Kumarikata Number of new patients Total examinations	445 1269	1288 3876	Navajbai Ratan Tata Trust, Mumbai
6	Resource Centre - Trainings imparted	461	461	Various sources

## EXECUTIVE COMMITTEE MEMBERS

Sl	Name &	Designation	Occupation	Address	Ph.No
1	Shri Bhaskar Barua	President	Former Secretary to Government of India	House No. 3, 2 <sup>nd</sup> By Lane, S.K. Baruah Road, Rukmini Nagar, Guwahati-6.	9435011862
2	Shri Mukul Chandra Goswami	Secretary	Retired Bank Employee	3B, Piya Apartment, Lachit Nagar, Guwahati-7	9435043308
3	Smti.. Chandana Sharma	Treasurer	Entrepreneur	11 Bye Lane, R.G.B. Road, Guwahati-24	9864111167
4	Dr. P. K. Thakuria	Member	Psychiatrist	Assam Government Press Road, Bamuni Maidam, Guwahati-20	9864045108
5	Shri Shyamal Kumar Baruah	Member	Service, Social worker	Chandan Nagar, Beltola, Near Survey Office, Guwahati-??	9864021800
6	Shr. Jacob Lais	Member	Director, St. Stephens School	St. Stephens School, Christian Basti, G.S. Road, Guwahati.	9435548272
7	Smti. Shewli Chakraborty	Member	Bank Service	Gotanagar, Maligaon, Guwahati	9864070894
8	Dr. Reeta Sharma	Member	Vice Principal, Dispur College	C/o Mr. A.C. Sharma Ashok Path, Jatia, Guwahati – 781 006	9435119522

## EXECUTIVE COMMITTEE MEETINGS

Sl.No.	Meetings Held on	Members present
1.	29/10/2009	7
2.	21/11/2009	5
3.	12/01/2010	5
4.	22/02/2010	5
5.	23/03/2010	5

## **IMPORTANT FUNCTIONARIES**

**Director – Dr. Anjana Goswami**  
**Consultant Psychiatrist – Dr. P.K. Thakuria**  
**Consultant General Practitioner – Dr. D. Brahma**  
**Senior Social Worker – Mouchumi Borah**

### **STAFF STRENGTH**

Project	Paid Full Time				Paid Part Time				TOTAL	UNPAID VOLUNTEER	
	PROJECT		REGULAR		PROJECT		REGULAR			M	F
	Male	Female	Male	Female	Male	Female	Male	Female			
Day Rehabilitation Centre-Guwahati			6	8					<b>14</b>	2	2
Roshmi-Half Way Home	1	4							<b>5</b>		
Navachetana - Care & Rehabilitation Project for Mentally Ill	8	15			2				<b>25</b>	2	1
<b>TOTAL STAFF STRENGTH</b>									<b>44</b>	4	3

### **Major Grants received during the year 2009-10**

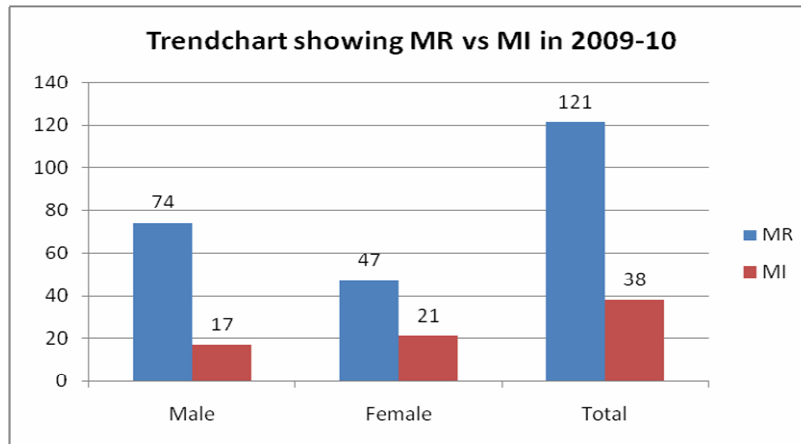
Sl.No.	Agency	Purpose	Amount
1	Ministry of Social Justice & Empowerment, Government of India	For the Day Rehabilitation Centre at Guwahati	4,34,203/-
2	Ministry of Social Justice & Empowerment, Government of India	‘Roshmi’ - Half Way Home for mentally ill at Guwahati	2,78,953/-
3	Give India, Mumbai	Towards Rehabilitation & Conveyance expenses at Day Care Centre, General expenses, Corpus fund, Food & Medicine expenses of Navachetana residents for a month	90,408/-
4	Sir Ratan Tata Trust	For the project ‘Navachetana’ (upto July,2009)	4,00,000/-
5	Navajbai Ratan Tata Trust	For the project ‘Navachetana’ (from August,2009)	17,00,000/-
6	Central Social Welfare Board	Innovative Scheme – support for livelihood generation of recovered women rescued from streets - 2nd installment	48,594/-
7	SAVE, UK	General Expenses	95,865.99/-

## PROGRAMME INFORMATION

### A. Day Rehabilitation Centre for Mentally Challenged, Guwahati (Established in 1996)

With continued support from the Ministry of Social Justice & Empowerment since the year 2000, this centre has tried to maintain quality by limiting new admissions at manageable levels. Apart from the regular trainings on living, social, pre-vocational and vocational skills, this centre tries to bring about all round development to its wards by giving more emphasis on sports, adventure sports and cultural activities. Children and adults with mental retardation and also mental illnesses from the city of Guwahati and its outskirts are utilizing this Day service.

25 children and adults were admitted during the year 2009-10, the total number of persons served at the centre during the year being 159. As in earlier years, the number of persons with mental illness catered to was much lower than those with mental retardation. The chart below shows the exact trend.



Particular	Male	Female	Total
Mentally Retarded (MR)	74	47	121
Mentally Ill (MI)	17	21	38
<b>TOTAL</b>			<b>159</b>

## **ACHIEVEMENTS**

### **a) SPORTS**

- 3 children of Ashadeep were included in the in the Special Olympics Assam Team to participate in National Championship on Volleyball and Basketball held from 8<sup>th</sup> June to 15<sup>th</sup> June, 2009 at Pondicherry and won a Bronze Medal.
- A team of 12 members went to Rajasthan to participate in a National Championship on Badminton held from 28<sup>th</sup> August to 3<sup>rd</sup> September, 2009.
- 6 children of Ashadeep went to Bihar to participate in a National Championship on BOCCE held from 15<sup>th</sup> November to 21<sup>st</sup> November, 2009 and won 1 Gold and 2 Silver medals.
- 4 children of Ashadeep went to Anantapur, Andhra Pradesh for participating in a National Championship on Athletics organized 8<sup>th</sup> January to 13<sup>th</sup> January, 2010 and won 2 Gold and 1 Silver Medals.
- 2 children of Ashadeep went to Jharkhand to participate in a National Championship on Cycling held from 11<sup>th</sup> February to 14<sup>th</sup> February, 2010 and won 1 Gold and 1 Bronze medals.

### **b) Cultural activities**

Children of Ashadeep took part in the All Assam Children's Drama Festival organized at Rabindra Bhawan, Guwahati from 27<sup>th</sup> December to 30<sup>th</sup> December, 2009 and were highly praised by the audience for their outstanding performance. Ms. Bhagirathi of Seagull Group took a lot of pain in training the special children to perform their acts along with normal children in the festival.

### **c) Adventure Sports**

Smt Ranjita Bhattacharyya, Sri Debdeep Deka, Smt. Nasima Begum and Sri Rinku Kalita accompanied by Smt Binita Bezbaruah as Coach attended the Indian Mountaineering Camp for Handicapped at Jammu and Kashmir, conducted by Indian Mountaineering Association in March,2009.

### **Sheltered Workshop**

One of the very positive outcomes of Ashadeep's rehabilitation process has been the income generation of recovered patients through the concept of the '**Sheltered workshop**'. The Sheltered Workshop

products such as Handloom materials, File covers, Jute items, Pillows and block printed clothing have already created a demand in the market. This intervention in addition to generating livelihood, plays a major role in preventing relapses in case of the mentally ill, through a structured schedule of occupational activity.

During the year, under all the different areas of Ashadeep's functioning, 43 persons received a total amount of Rs 79,769 as incentive, by producing goods and services in the Sheltered workshop.

#### **B. ROSHMI – Half way home for female with mental illness (Established in 2004)**

Roshmi Half Way Home - a therapeutic community, aiming at psycho-social rehabilitation of persons with major mental illness, is being in operation since 2004 at Guwahati. Here, along with medical treatment, interventions are given to develop skills of daily living, interpersonal interactive skills and vocational skills. A stay of six to nine months in such a setting helps in the final rehabilitation of the recovering person in the family and community.

'Roshmi' the first Half way home in the North East has been receiving financial assistance from Ministry of Social Justice & Empowerment since 2005-06.

As compared to the last year, the number of women served at Roshmi has increased to 53 from 48. It has been observed that to achieve an outcome of reasonable quality in the functional levels of the patients, with the existing infrastructure the number of admissions needs to be controlled.

**C. NAVACHETANA – Shelter homes for homeless women with mental disorders (Established in 2005).**

The Rehabilitation of homeless women with mental illnesses, was initiated from the year 2005 in a limited way, with support from a small grant of Rs 5 lakhs provided by Sir Ratan Tata Trust, Mumbai. Based on this experience the project has continued, again with primary support from the Trust for a period of three years upto 31<sup>st</sup> July'2009.

To assess the impact of the activity on the issue of homeless women with mental illness, an independent evaluation study was conducted by a team lead by Mrs Lita Hazarika , Psychologist. A summary of the statistical outputs generated by the report is reproduced below. The evaluation was conducted on the outputs of the different processes of the rehabilitation programme in the three Shelter Homes – Navachetana (Transit Care), Navachetana (Rehab) and Roshmi Group Home upto 31<sup>st</sup> March'2009.

Sl No	Indicator	Proposed Output	Achieved Output
1	Occupancy of TC Centre	20	20 (82 % Avg occupancy)
2	Occupancy of NC/ Halfway home	30	80 %
3	Avg duration of stay at TC	30 days	86 days
4	Avg duration of stay at NC Rehab & Half way home	90 days	115 days
5	Mean score of processes followed TC		86 %
6	Mean consistency in following the process at NC		84%
7	Mean duration after admission when the woman is integrated with her family		86 (TC) +115(NC) = 201 days
8	Mean consistency of follow up of the reintegrated women		73 %
9	Mean occupancy of sheltered workshop		78%
10	Total no of rescued women provided treatment and care	350	213 (Up to March 2009)
11	Total number integrated with their families	65%	81%

The positive impact of interventions on the issue of rehabilitation of homeless women with mental illness of the streets of Guwahati as can be deduced by the evaluation, has resulted in the continuation of the support of Sir Ratan Tata Trust for a further period of three years up to 31<sup>st</sup> July'2012. During this period it is expected to refine a the various processes of rescue, treatment , re-integration and follow-up care of the homeless women.

The total number of homeless women with mental illness admitted to the Navachetana Homes upto 31<sup>st</sup> March 2010 has been 268, out of whom 221 have been re-integrated with their families or elsewhere.

#### **D. CREATING ACCESS TO MENTAL HEALTH CARE THROUGH THE OUTDOOR & OUTREACH PROGRAMMES**

To create access to Psychiatric care and rehabilitation interventions in remote areas of the State where such services are not available , Ashadeep's outreach programmes conducted in collaboration with local NGOs has continued. After the completion of such initiatives in Sipajhar, Mangaldoi and Chirang, the programme focused its activity in the districts of Kokhrajhar and Baksa(Kumarikatta) in collaboration with NERSWN and Bosco Reach Out.

The direct intervention of Ashadeep in Chirang with mental health camps ended in May'2009. In the last camp 98 patients were catered to. But subsequently our partner organization , 'the ant' have continued with the camps and surprisingly the average attendance in each camp has risen to Over 140. Regular training of the 'the ant' staff and volunteers are being imparted by Ashadeep's Resource centre.

#### **Outreach Mental Health Camp details during the year 2009-10**

<b>Sl. No.</b>	<b>Location</b>	<b>Number of Camps</b>	<b>Patients attended</b>
1	Rowmari District Chirang	2	146
2	Mangaldoi District Darrang	3	168
3	Kokrajhar District Kokrajhar	10	614
4	Kumarikata District Baksa	6	341
	<b>TOTAL</b>	<b>21</b>	<b>1269</b>

The Outdoor service at Guwahati has been pivotal in maintaining follow-up services for re-integrated residents of Navachetana and also of the discontinued Outreach locations.

#### Details of OPD, Guwahati during the year 2009-10

Sl.No.	Month	New Cases	Review Cases	Total
1	April'09	6	36	42
2	May'09	12	46	58
3	June'09	18	56	74
4	July'09	11	27	38
5	August'09	15	44	59
6	September'09	13	35	48
7	October'09	7	39	46
8	November'09	16	34	50
9	December'09	6	40	46
10	January'2010	7	23	30
11	February'2010	19	47	66
12	March'2010	11	34	45
	<b>Total</b>	<b>141</b>	<b>461</b>	<b>602</b>

#### E. RESOURCE CENTRE

With the rapid up-scaling of Ashadeep's activity as a service provider, it had become crucial for upgrading and refining monitoring, documentation and other systems required for intervening with persons with mental illnesses. Further the experience of working on Mental Health Issues for the past fourteen years made Ashadeep realize that, there is a distinct need for a **Resource centre**, with the objective of developing modules and other resources for training different stakeholders of Ashadeep's sphere of activity. The Resource Centre started functioning from the financial year 2009-10. The prime activities of the Resource Centre being Sensitization; Orientation & Training; Research & Documentation and Advocacy on issues of mental health.

Since August 2009, 461 care givers, volunteers, students and other NGO members have been imparted training through eight Training Programmes conducted by the Resource centre.

# PHOTO GALLERY

## DAY REHABILITATION CENTRE



Regular academic curriculum in the Day Rehabilitation Centre



Children with His Excellency, Shri J.B. Patnaik, Governor of Assam at a Bihu celebration organized by Bharti Airtel



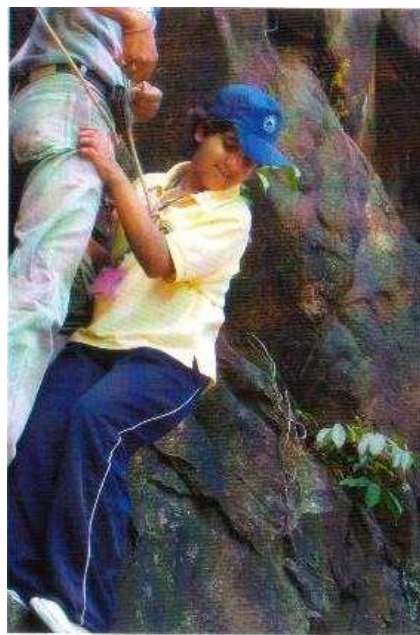
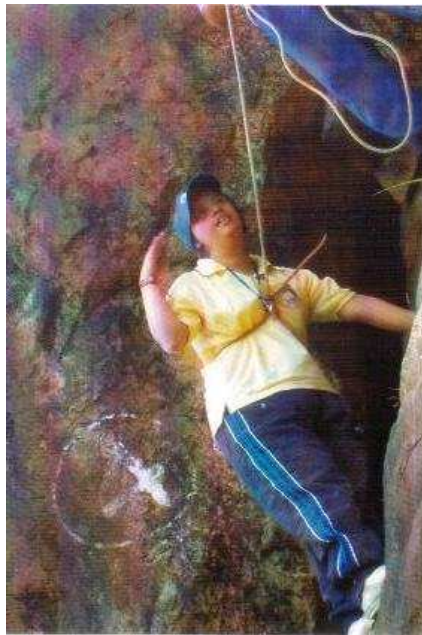
Winners of Special Olympics Bharat events



Proud Artists with their paintings on display



Ranjita participating in a Mountaineering Camp in Jammu & Kashmir



Megha and Upama, Rock Climbing at Japorigog, Guwahati

### ***Sheltered Workshop***



Weaving at Sheltered workshop



Products of Sheltered Workshop

***ROSHMI – Half Way Home***



Residents of ROSHMI – half way home

***NAVACHETANA SHELTER HOMES***



Confused.... Just admitted



Happy and doing well



Ruby (Social worker) with a garlanded photograph of Leela, re-integrated with her family in Gujarat after a period of seven years. The family had presumed , that she had passed away.

**OUTREACH MENTAL HEALTH CAMPS**



Mental Health camp at Kumarikata



Mental Health camp at Kokrajhar

**RESOURCE CENTRE**



Training of 'Bosco Reach Out' Volunteers



Seminar on 'Positive Mental Health' in B.Barooah College, Guwahati

 AWARDS



**Secretary, ASHADEEP - receiving the CSO Partners Outstanding Annual Reports Award 2010 at New Delhi from Sri Amarjit Chopra, President, Institute of Chartered Accountants of India**

## ***ACCESS TO TREATMENT & KNOWLEDGE OF THE TRUE NATURE AND OUTCOME OF MENTAL ILLNESS***

**A** helpless father cries and prays each day for the death of his own daughter. He spends many sleepless nights for the safety of his family from his daughter. He has to keep all the sharp objects hidden away from her sight and has to be alert at all times. He often asks himself, what went wrong?

The father who seeks own child's death is Deben Saikia, by profession a cultivator. Kabita is the first among his seven children. She soon grew up to be a beautiful girl. One fine day Kabita embraced a photo of Lord Krishna and roamed around the streets uttering Lord Krishna's name. Gradually her behavior started to change. She started using abusive words, quarreled with everyone and started developing a fondness for male company. Her neighbours started to comment that she was suffering from some kind of sexual disease and it would be better if they got her married. Her father with much effort somehow lured a rickshaw puller by offering him money to marry his daughter. But destiny had kept something else for Kabita. Her husband got convicted for a murder case and was put behind bars. Finding no other way Kabita's father had to take her back home, her condition started to deteriorate and she started shouting and assaulting everyone around her. Her neighbor had to spend sleepless nights because of her behavior and retaliated by pelting stones at Kabita's house in the night.. Kabita's father had to approach the local Panchayat and also took the help of home guards to protect his home.

The helpless situation, compelled the father to tie up Kabita's hands and legs many a time, to restrain her and thus avoid further trouble..

One day, pretending to go to the bathroom Kabita ran away. Despite all efforts the father failed to trace her whereabouts.. One day Kabita was noticed by a fellow villager in a nearby village and to everybody's astonishment that very night she returned back home. Again the next morning without informing anybody she disappeared again.

Since that day onwards Kabita was missing. Her father used to check every nook and corner of his locality. Her disappearance created mixed emotions in him. The grief of losing his daughter was there yet at the same time he felt a relief for not having to look after a troublesome daughter.

Kabita was rescued from the streets of Guwahati by Ashadeep's rescue team in August'2008. After nearly a year , she responded sufficiently to the treatment and care provided at the Navachetana homes. She was finally taken back to her home by the rehabilitation staff in July'2009.

But her family was not at all happy to see her alive after such a long time. Initially her father himself did not let her come inside. He was worried that the social

*stigma of Kabita's illness would make it difficult for his other daughters to marry. But after counseling of the family members, Kabita was finally accepted.*

*It took a great deal of time for the family to accept Kabita in their day to day life. Initially, they refused to take the food cooked by her; later with much persuasion from her father, her family as well as her neighbours accepted her in the community. Presently, Kabita is working under one of the projects on Endi-silk, undertaken by Government of India and nobody is ashamed of Kabita now.*

*The father who once wished for the death of his daughter now visits the OPD of Ashadeep regularly, never once missing out the follow up visits. He is today one of the most sincere care-givers, leaving no stone unturned for the well being of his daughter.*

---

**H***opelessness and helplessness - Ganesh Sharma's wife, Bonti became familiar with these two terms after a few years of her marriage. Bonti got married to Ganesh Sharma with heaps of aspirations and expectations. Ganesh Sharma who was by occupation a driver earned a very small sum of money but that small amount was sufficient to run his family.*

*Gradually the dark cloud of despair hovered around the small family of Ganesh Sharma as he slowly became less dedicated towards his occupation. Self talk, aggressiveness and social withdrawal became characteristic behavior of Ganesh Sharma. Because of his lack of interest in work, he had to hear rude criticism from his employer. Gradually Ganesh Sharma stopped going for work and wander-some behavior grew in him. Seeing the distressed condition of Ganesh, Bonti became helpless since she did not have enough money to meet the family's need as she had to take care of the whole household work as well as her child. With the course of time, Ganesh Sharma's abnormal behavior became more and more disturbing for her. But she did not have slightest idea that her husband was suffering from mental illness.*

*Though the employer of Ganesh Sharma was harsh apparently, in reality he was a very sensitive individual.. The employer of Ganesh Sharma was aware of Ashadeep's activity and gave her the location of Ashadeep's OPD. Ganesh Sharma was taken to Ashadeep' OPD, where his treatment commenced.. To meet the expenses of the family she started working as a maid in the nearby houses. Gradually, with proper treatment of his illness, Ganesh Sharma recovered sufficiently and re-gained confidence to work under his employer again.*

*Now, Ganesh Sharma's family income has doubled. This sudden illness of Ganesh Sharma had helped Bonti to figure out her strength and potentiality; meanwhile Ganesh Sharma has also fully recovered from his mental illness and is now mentally fit to work again.*

## FINANCIAL INFORMATION

### *Staff Strength*

Type of Personnel	No. Of Persons
Full time staff	14
Part time staff	1
Contract staff	28
Consultants	1
<b>TOTAL</b>	<b>44</b>
Volunteers	7
Daily wage labour	1

### *Distribution of Staff According To Salary Levels (for all full time/part time/contract/consultant/other staff)*

Slab of gross monthly salary (in Rs.) plus benefits paid to staff	Male Staff	Female Staff	Total Staff
<5000	13	19	32
5001-10000	4	6	10
10001-25000	1	1	2
25001-50000			
>50000			
<b>TOTAL STAFF</b>	<b>18</b>	<b>26</b>	<b>44</b>

### *The salary and benefits of the NGO Head, the highest paid staff member and the lowest paid staff member*

Head of the organisation:	Rs. <u>Zero</u> per month
Highest paid: Director (Prog & Rehab)	Rs. <u>18300</u> per month
Lowest paid: Attendants of the Day Rehabilitation Center	Rs. <u>2000</u> per month

***Remuneration paid to Executive Committee Members in the year 2009-10***

<b>NO</b>	<b>NAME &amp; DESIGNATION</b>	<b>AMOUNT (Rs.)</b>
1	Mr. Bhaskar Barua, President	ZERO
2	Mr. Mukul Chandra Goswami, Secretary	Rs. 12,000/-
3	Mrs. Chandana Sharma, Treasurer	Rs. 92,400/-
4	Mr. Shyamal Baruah, Member	ZERO
5	Dr. P.K. Thakuria, Member	Rs. 171,600/-
6	Mrs. Shewli Chakraborty, Member	ZERO
7	Dr. Reeta Sharma, Member	ZERO
8	Mr. Jacob Lais, Member	ZERO

**NOTE :** Remunerations paid to Mrs. Chandana Sharma is towards her part time services for documentation and systems management and Dr. P.K. Thakuria is towards his consultancy services. Rs. 12,000/- has been paid to Secretary Sri Mukul Chandra Goswami for local conveyance.

***Travel***

- Total cost of national travel by all staff and Board Members during the year : Rs. 25108/-
- Total cost of international travel by all staff and Board Members during the year : Nil

**Abridged Balance Sheet As On 31<sup>st</sup> March 2010**

Particulars	Current Financial Year		Previous Financial Year	
	Amount	%	Amount	%
<b>Assets</b>				
Fixed assets	254336.37	18%	335071.35	16%
Investments	300000.00	21%	800000.00	38%
Deposits and Advances	6500.00	0%	13500.00	1%
Current assets	878089.33	61%	979891.65	46%
Income and Expenditure A/c Balance				
<b>Total</b>	<b>1438925.70</b>	<b>100%</b>	<b>2128463.00</b>	<b>100%</b>
<b>Liabilities</b>				
Corpus/Endowment fund(s)	1317502.73	92%	1044009.06	49%
Capital Reserve	353952.27	25%	353952.27	17%
Earmarked Funds	72207.00	5%	320000.00	15%
Loans/Borrowings	28260.00	2%	79374.00	4%
Current liabilities and provisions	329613.00	23%	58384.00	3%
Income and Expenditure A/c Balance	(662609.30)	-46%	272743.67	13%
<b>Total</b>	<b>1438925.70</b>	<b>100%</b>	<b>2128463.00</b>	<b>100%</b>

**Abridged Income and Expenditure Account As On 31<sup>st</sup> March 2010**

Particulars	Current Financial Year		Previous Financial Year	
	Amount	%	Amount	%
<b>Income</b>				
Self generated income	775435.09	15%	840460.50	15%
Indian sources	4446822.30	83%	4473432.00	78%
International sources	113125.99	2%	396270.00	7%
<b>Total</b>	<b>5335383.38</b>	<b>100%</b>	<b>5710162.50</b>	<b>100%</b>
<b>Expenditure</b>				
Programme	5117496.70	85%	4774695.00	88%
Management	462271.00	8%	296973.00	5%
Others including Depreciation	418224.98	7%	365750.83	7%
<b>Total</b>	<b>5997992.68</b>	<b>100%</b>	<b>5437418.83</b>	<b>100%</b>
<b>Surplus/(Deficit)[(A)-(B)]</b>	<b>-662609.30</b>		<b>272743.67</b>	

**Abridged Receipts and Payments Account As On 31<sup>st</sup> March 2010**

Particulars	Current Financial Year		Previous Financial Year	
	Amount	%	Amount	%
<b>Receipts</b>				
Opening Balance : cash and bank	908294.65	13%	1573500.03	24%
Self generated funds	742472.09	10.69%	816285.00	12%
Indian sources	4229081.30	60.91%	3692823.00	56%
International sources	113125.99	1.63%	492636.27	7%
Secured loans	55000.00	0.79%		0%
Other Receipts	894823.00	12.89%	61365.50	1%
<b>Total</b>	<b>6942797.03</b>	<b>100%</b>	<b>6636609.80</b>	<b>100%</b>
<b>Payments</b>				
Programme expenditure	5070190.70	73.03%	4731895.00	71%
Management expenditure	427836.00	6.16%	296973.00	4%
Others expenditure	48227.00	0.69%	64020.15	1%
Fixed assets purchased	196420.00	2.83%	50130.00	1%
Loan repaid	55000.00	0.79%	58200.00	1%
Investments	300000.00	4.32%	500000.00	8%
Advance to Staff	6497.00	0.09%	27097.00	0%
Closing balance : cash and bank	838626.33	12.08%	908294.65	14%
<b>Total</b>	<b>6942797.03</b>	<b>100%</b>	<b>6636609.80</b>	<b>100%</b>

Parthasarathy Choudhury  
Chartered Accountant

Bhaskar Barua  
President

Mukul Ch. Goswami  
Secretary

Place : Shillong  
Date : 6<sup>th</sup> July 2010

Place : Guwahati  
Date : 6<sup>th</sup> July 2010

## **Acknowledgements**

The Ashadeep family is grateful to the following individuals and organizations for their support to the cause of Ashadeep:

1. The Ministry of Social Justice & Empowerment, Government of India.
2. Department of Social Welfare, Government of Assam
3. Sir Ratan Tata Trust, Mumbai.
4. Navajbai Ratan Tata Trust, Mumbai.
5. Give Foundation, Mumbai
6. The Banyan, Chennai.
7. The L.G.B. Regional Institute for Mental Health, Tezpur.
8. National Institute for Mental Handicaps, Secunderabad.
9. Seppa Gives, Guwahati
10. WEB.COM, Guwahati
11. sSTEP, Guwahati
12. 'SATRA', Sipajhar
13. 'the ant', Bongaigaon
14. North East Research & Social Work Networking, Kokrajhar
15. The Superintendent, Rupnath Brahma Civil Hospital, Kokrajhar
16. Gold, Guwahati
17. St. Stephens School, Guwahati
18. Composite Regional Centre, Guwahati.
19. South Asia Voluntary Enterprise (SAVE), United Kingdom.
20. India League, United Kingdom
21. SESTAA, Australia
22. Special Olympics Bharat ( Assam Chapter)
23. Dr. Kamini Arandhara, United Kingdom
24. Mr. Ajit Narayan Deb Kachari, Rehabari, Guwahati.
25. Dr. Pranab Kumar Baruah, Guwahati.
26. Mrs. Jul Sharma and Dr. Jagadish Sharma, United Kingdom.
27. Mrs. Krishna Baruah, Rukmininagar, (Dispur) Guwahati.
28. All individual donors who have made contributions towards the organization during the year.
29. Members of the Print & Audio-Visual Media.

*We welcome all our donors, well wishers and any individual to visit any of our centres or projects. We sincerely treasure all your views and suggestions, it will only help us improve our work and encourage us to carry on regardless of what lies tomorrow.*

