

ANNUAL REPORT

2017-18



Registered office : Piya Apartments, Kanaklata Path, Lachitnagar,
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From The Secretary's Desk

Greetings

The issue of mental health has gradually moved out of the shadows and today, in Assam, services for treatment, care and rehabilitation are available in nearly all the districts. This is true both for the public as well as the private sectors. I would not hesitate to say that, Psychiatrists are available and whether they are utilized in an optimum manner by health service providers is another matter. Even Civil society organizations are working in many districts in varied settings, giving more options to mental health service seekers. Manpower, or to be more specific in addition to the Psychiatrist, holistic mental health interventions require Psychologists, Social Workers, Psychiatric nurses, Community mental health workers for all round development. In the last fifteen years, there has been a healthy growth of quality institutes imparting under graduate and post graduate education in these fields.

Ashadeep, working in this field for over twenty years, has definitely had a role in creating a change in the mental health scenario of the region. In the current situation, where the sector is in need of quality manpower with proper orientation to the needs of persons with mental disorders, Ashadeep has introduced a two month course on mental health interventions, with in depth exposure to practical work for students who have completed their regular curriculum. The various service facilities created by Ashadeep over the years, starting from treatment, rehabilitation , prevention services to vocational training centres, community mental health programs to special school for intellectually disabled are ideal for practical ground level exposure in this regard.

In this mode, another initiative is to start in partnership with Assam Don Bosco University, where community mental health work in over 40 villages around the University is going to become a part of the curriculum. This program which has been in an informal way shall take final shape from January 2019.

On another note, despite funding constraints, we have been able to maintain our existing services in most areas. This has not been easy, and all members of the Ashadeep family have to be applauded for putting in that extra effort.

Thank you.

Guwahati
27 September 2018

Mukul Chandra Goswami
Secretary

About ASHADEEP

Ashadeep was formed in 1996 to fill a vacuum in the area of psychiatric rehabilitation in the state of Assam. It is the fruitful outcome of an endeavor of a few family care-givers, mental health professionals and other like-minded citizens. What started off as a small organization for day care and rehabilitation for persons with mental disorders, has today blossomed into a full-fledged institution providing mental health care, bringing into its realm a wide range of services that cater to a population beyond the borders of Assam.

The growth of Ashadeep has been spurred by the realization of the needs of the north-east region in the context of mental health, and various projects have been initiated to address these needs.

Vision

To achieve a life of better quality for persons with mental disorders and their families.

Mission

To initiate and strengthen Mental Health Interventions in the North Eastern states of India.

Registration Details

- Registered under Societies Registration Act No.RS/KAM/240/C/385 of 1996-1997
- Registered under Foreign Contribution Regulation Act No. 020780056
- Registered under National Trust NoAASH16515908695 dated 30/11/2016
- Accredited Member of Credibility Alliance
- Donations exempted from Income tax Under Sections 12(A) & 80(G) of IT Act 1961

Contact Persons

- | | |
|-------------------------------------|--------------------|
| 1. Mukul Chandra Goswami, Secretary | Ph : +919435043308 |
| 2. Dr. AnjanaGoswami, Director | Ph : +919864077861 |

Name and Address of Auditor : D. Purkayastha & Company, Police Bazar, Shillong - 793001, Meghalaya.

Name and Address of Internal Auditor : Dhawan Pandey & Associates, 101, Shivam Apartment, Opposite PIBCO Building, Rukmini Gaon, Guwahati - 781022, Assam.

Names and Addresses of Bankers :

1. State Bank of India, West Guwahati Branch, Bharalumukh, Guwahati
2. Axis Bank, Chibber House, G.S. Road, Guwahati
3. Yes Bank, G.S Road, Ulubari, Guwahati
4. HDFC Bank, Beltola, Guwahati

EXECUTIVE COMMITTEE MEMBERS w.e.f. 12/11/2017

Sl	Name & Designation	Occupation	Address
1	Shri Anjan Bardoloye PRESIDENT	Retired Assam Government official	R.G. Baruah Road, Near Assam State Zoo, Guwahati Ph: 9435304306
2	Shri Mukul Chandra Goswami SECRETARY	Retired Bank Employee	4th Floor In-Built Residency 9 Monalisa Path, Mother Teresa Road, Guwahati - 781024 Ph: 9435043308
3	Shri Vijoy Patir TREASURER	Business	Near Anganbari, West Silpukhuri Road, Guwahati - 781003. Ph: 9864091783
4	Shri Bhaskar Barua MEMBER	Retired Government official	House No. 3, 2 nd By Lane, S.K. Baruah Road, Rukmini Nagar, Guwahati - 781006. Ph: 9435011862
5	Shri Ronojoy Sen MEMBER	Consultant Architect	4 th By Lane, Tarun Nagar, Guwahati-7. Ph: 9435107827
6	Smt. Manjusri Baruah MEMBER	Retired College Teacher	H.No. 30, Sanyogi By Lane, Bishnu Rabha Path, Guwahati Ph: 9864038692
7	Shri Nilamoni Goswami MEMBER	Law Practitioner	K.K. Bhatta Road, Chenikuthi, Silpukhuri, Guwahati - 781003 Ph : 9435044407
8	Shri Dipak Bhagawati MEMBER	Retired Engineer	Laxmi Bhawan, H.No-18, Janapath, Hatigaon, Guwahati Ph : 8011232509

EXECUTIVE COMMITTEE MEETINGS IN 2017-18

Sl.No.	Meetings Held on	Members present
1	29/04/2017	6
2	02/09/2017	5
3	20/12/2017	5
4	23/03/2018	5

OVERALL PROGRESS AND RESULTS ACHIEVED IN 2017-2018

Sl. No.	Project / Activity	Number of Beneficiaries in 2017-18	Progressive Total upto 31 st March, 2018	Supported by
1	Day Rehabilitation Centre, Guwahati	87	369	<ul style="list-style-type: none"> • Self generated • Part sponsorship by Give India
2	Navachetana - Rehabilitation of Homeless women with mental illness, Guwahati & Bamunigaon Total admissions Re-integrated with families	48 31	671 566	<ul style="list-style-type: none"> • Part by Give India • Part by Social Welfare Deptt. Govt. of Assam
3	Udayan Home for Rehabilitation of homeless Men with mental illness Number of men admitted Number of men reintegrated	41 42	170 141	<ul style="list-style-type: none"> • The Hans Foundation, New Delhi • Partly by Give India
4	Free Psychiatric Outdoor Clinic (OPD), Guwahati New Cases Registered	44	1230	
5	Resource Centre Number of Interns who attended the facilities of Ashadeep		159	
7	'Home Again' - Shared Housing Number of homes created Total residents		6 30	<ul style="list-style-type: none"> • Grand Challenge Canada through The Banyan, Chennai

Major Grants received during 2017-18

SI No	Agency	Purpose	Amount in `
1	The Hans Foundation, New Delhi	For Udayan – Rehabilitation home for homeless men with mental illness	35,17,204/-
2	Social Welfare Department, Government of Assam	For Rehabilitation home for homeless women with mental illness	16,00,320/-
3	Sitaram Jindal Trust, New Delhi	Towards General Fund	25,000/-
4	Grand Challenge Canada through 'The Banyan', Chennai	For 'Home Again' - shared housing programme for persons recovered from mental illness with long term care needs	65,06,000/-
5	Give India, Mumbai	Towards Rehabilitation expenses at Day Care Centre, General expenses, Corpus Fund, Food & Medicine Expenses of Navachetana residents and Ashadeep Shop	3,69,816/-
6	Shamdasani Foundation, Hongkong	Towards General Fund	10,000/-
7	Donation from World Bank Staff Members	Towards General Fund	1,02,344/-

PROJECTS / PROGRAMMES

DAY REHABILITATION CENTRE for persons with Intellectual Disability and those recovering from mental illness

Located at KarbiNaamghar Path, Japorigog

Number of students = 85



This flagship program of Ashadeep, which is in its 23rd year of existence, has continued to provide counseling, special education, with emphasis on music and dance, fine arts, sports and games and computers. For adults who are recovering from severe mental illnesses and also those with intellectual disability, skill development for livelihood generation has been the thrust area. The Sheltered Workshop at this centre is providing employment to ten such persons engaged in producing various commercially viable goods and services. Currently we are on the verge of getting a few intellectually disabled residents attain employment.

As in earlier years there has been participation in many events both in house and in various community forums by the students of the Day Rehabilitation Centre. Celebrities from all walks have in turn have had many interactions with this group too.

Perhaps the most spectacular achievement during the year has come from Rohan Sharma. Excerpt of Rohan's success story as published in Special Olympics Bharat's "Champion Stories 2018"–

RohanSarma- SO Bharat Assam

Strumming the Guitar to the tune of Titanic is how most of us saw Rohan for the first time. He participated in the 5th Edition of the Special Music & Art Festival 2018 held from 7-11 August 2018 inPyeongchangKorea. (Pyeongchang Special Music and Art Festival is a festival where musicians with development disabilitiescan have intensive music lessons and musical exchanges). This is for the first time that SO Bharat participated in an event like this, alongside25 more, each placed under the guidance of a Coach. Rohan played Titanic and Jingle Bells, both tutored by his guide, Kim, at the venue in a span of 2 days.

Now, 28 yrs, Rohan has been part of Special Olympics since 2007, through the Ashadeep Day Rehabilitation Centre, Guwahati Assam. The delayed milestones observed in his early childhoodconfirmed Mild Retardation, although he has been highly functional. The situation threw a challenge for his parents who belonged to humble means. His father is a retired bank employee now while his mother is a home maker. Prior to Ashadeep, his parents made him join mainstream schools, where he could cope only till the 8th grade.

At SO Bharat he has participated in Floorball and Volleyball competitions at the State and National levels under guidance of his Coach Anshuman.His family, however, was inhibited to have him travel too much due to seizures. In fact his father accompanied him even to Korea this year.

Rohan speaks Assamese fluently and a bit of Hindi as well.His exceptional forte lies in playing the guitar, a quality that has been honed at the Ashadeep School since he was 15 yrs, having also performed alongside regular artists in various cultural shows. Under close guidance of MrShyamantaMajumdar, Program Manager, SO Bharat – Assam for 2 years now, he has received the Visharad degree in Guitar from the Sangeet - O –SanskritiParishad, Kolkata

*“Earlier Rohan lacked confidence, but participating in the SO Camps developed his personality, made him confident of himself, and gave him an opportunity to interact with so many persons. I am so proud to say that Rohan is social, obedient, witty, popular and a role model in school. He is often seen playing the guitar in school and also during sporting events, attracting hordes of people around him, making the ambience full of joy”. **DrAnjanaGoswami, Board Member SO Bharat & Area Director SO Bharat Assam.***

Currently Rohan assists his father in running a 'Patanjali' store in Guwahati. Soon after reaching back from Korea he repeated his performance at the National Leadership Conference 2018 held in New Delhi. Blending cheerfully with everyone around him, Rohan exhibited confidence all along. So happy was he to have participated in the Conference that he now, keeps inviting DrAnjanaGoswami for lunch, as a humble gesture of acknowledgement.



Rohan Sharma with his Mentor performing at Pyeonchang, South Korea

NAVACHETANA – Residential Rehabilitation program for homeless women with mental illnesses.

Located at P.L. Home Campus, Bamunigaon

Total number of women intervened during the year = 87

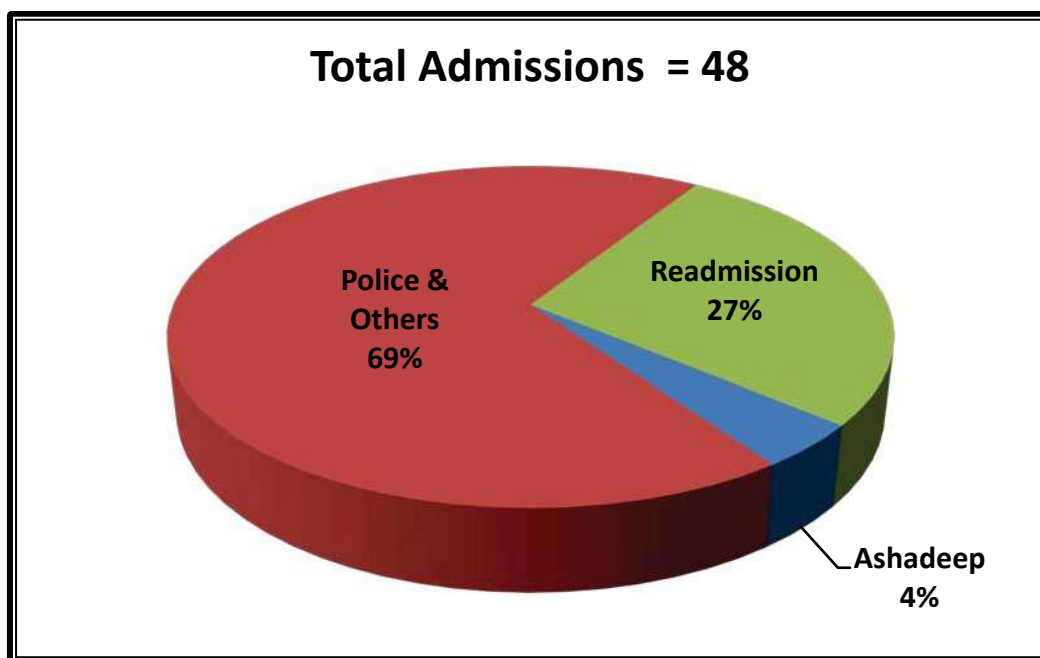


The prime activities of this facility can be divided into four components –

1. Admission
2. Care, Treatment and Rehabilitation interventions in a very scientific and systematic manner
3. Discharge and Re-integration
4. Follow up of re-integrated residents

RESCUE & ADMISSION

Ashadeep	Police & Other Organization	Re-admission	Total Admissions
2	33	13	48



REHABILITATION INTERVENTIONS

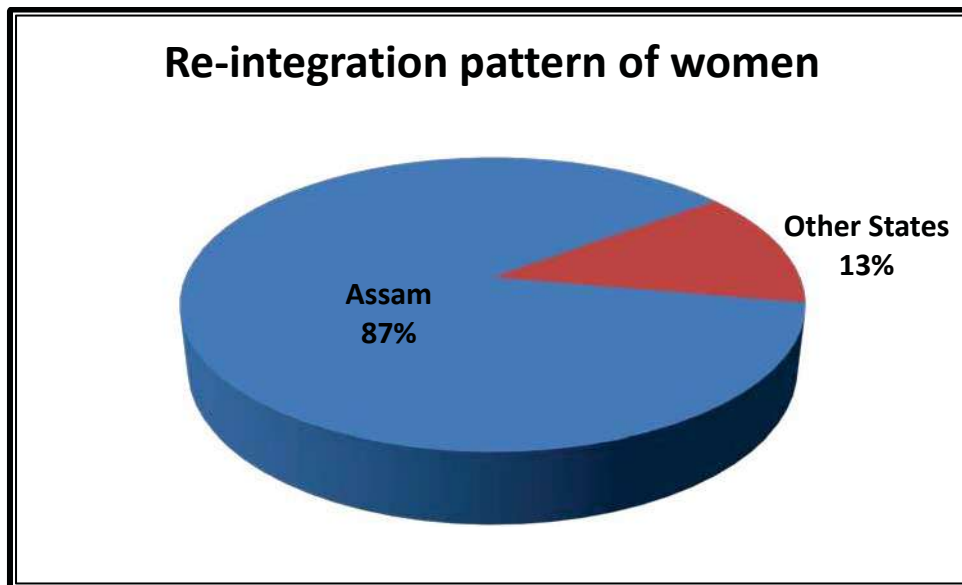
- Assessment & Intervention for mental and physical health ailments
- Care & Rehabilitation
- Scientific tools are used to assess mental status, progress of treatment, disability level, functionality level etc.

- Re-instillation of life and social skills, pre-vocation & vocational training in a homely set-up for better transition during reintegration
- Engage in vocational activities – provide incentives for their productive engagement. 12 women are receiving incentives for their participation in various vocational activities including household works.

RE-INTEGRATION

31 women had been discharged / re-integrated during the year. The places of re-integration are as follows :-

Assam	27
Meghalaya	1
Rajasthan	1
Himachal Pradesh	1
Bangladesh	1



The last financial year has been a big challenge for this facility of Ashadeep, as there had been no direct financial support towards this unit. Part of the expenses has been covered by GivelIndia online donations and part by the Social Welfare Department, Government of Assam.

STORY OF SENEHI -

Senehi, aged about 40 yrs. was rescued from near Manas National Park by Bansbari Police Out Post, Baksa on 18th June, 2016, after getting information that some villagers had thrashed her under suspicion of being a **Witch**. While doing her medical check up, police came to know that she has mental illness. Next day she was produced in front of Sub-Divisional Judicial Magistrate's Court and with a reception order from the court, Police brought her to Ashadeep's Navachetana Home for necessary rehabilitation intervention.

It took about a year to build a rapport with her as she feared to be with people. Gradually, she started engaging with peers as well as with staff members. During individual Counselling Sessions conducted with her, it was known that she hails from a remote village in the Assam – Meghalaya border. Senehi also expressed her willingness to go to her family.

On 4th February, 2018 Senehi was taken back home for reintegration. When the re-integration team reached their village, they stopped by a group of people who were on their way to market. The Social Worker approached the group to enquire about Senehi's family. Interestingly, one of the persons in the group was her Uncle. At first the uncle could not recognise her due to his poor eye sight. But one man recognised her and screamed 'Look who has come back, that's our Seneho'. They were all surprised to see her alive as she had been missing from past ten years and presumed that she may have died somewhere. The team with Senehi had to cross a river with her uncle to reach her home. She was received with a warm welcome by her brother and sister-in-law. They thanked the Social Workers for bringing her back safe and sound.

Senehi's brother informed that she had been suffering from mental illness since the age of fifteen or sixteen. They took her to faith healers for treatment but there was no improvement in her symptoms. As she was manageable, they did not seek any further interventions. Then, one day she came out to bring water from a nearby stream and did not return. Family members tried their best to find her and even approached local police station. As the years passed by, they lost all hope to see her again and presumed that she may have died.

The team left after providing necessary instructions to Senehi's brother to continue her treatment at Ashadeep's free psychiatric weekly outdoor clinic. They are regularly visiting the OPD since then to collect medicine for her.

UDAYAN – Rehabilitation home for homeless men with mental illnesses

Located at P.L. Home Campus, Bamunigaon

Total number of men intervened during the year = 73

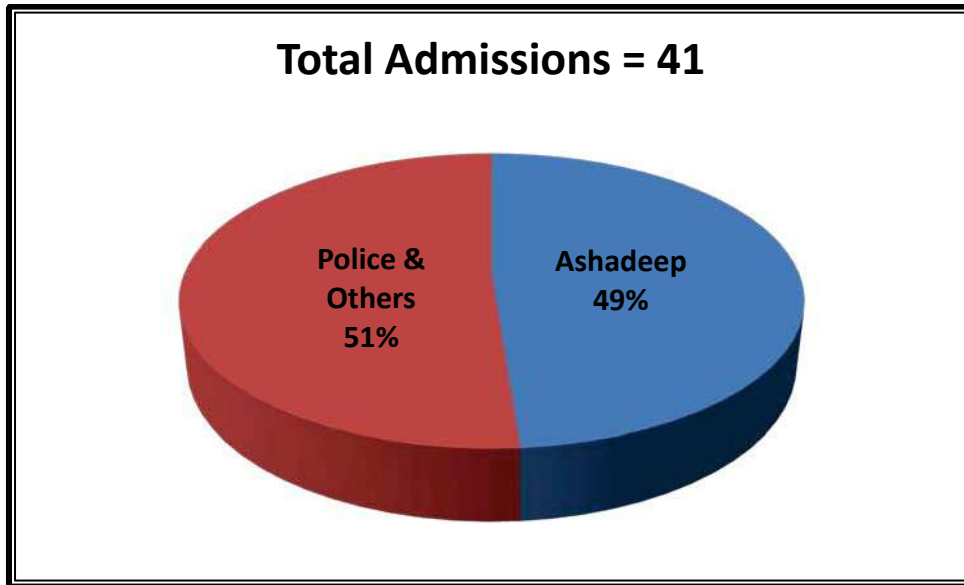


The activities of this home are similar to that of Navachetana home for women. Total capacity of this home is 40 beds and the average occupancy is about 33.

This program is being supported by ‘The Hans Foundation’, New Delhi.

RESCUE and ADMISSION

Ashadeep	Police & Other Organizations	Admissions in 2017-18	Overall admissions
20	21	41	170

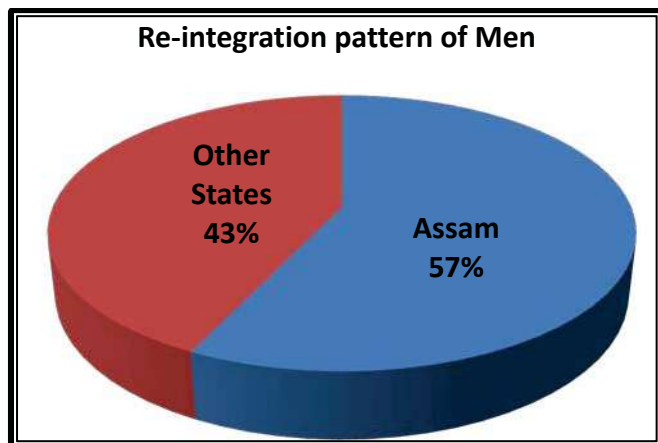


It is a very encouraging to observe that the involvement of Police and other stakeholders have increased in the admission process. The figures (51% in case of Men and 69% in case of Women)) clearly indicates the changing attitude of society towards the homeless mentally ill population.

RE-INTEGRATION

42 men have been discharged / re-integrated during the year.

Assam	24
Nagaland	2
Tripura	2
Bihar	3
Orissa	2
Uttar Pradesh	3
West Bengal	2
Maharashtra	3
Nepal	1



It has been observed from the re-integration patterns of men and women, men are more in number who have come from outside Assam - 43% whereas only 13% of the women are from outside Assam.

VEGETABLE / HORTICULTURE / LIVESTOCK FARMING AT BAMUNIGAON, BOKO

Livelihood generation through agro based activity has been a key component of the rehabilitation process since 2016. The Hans Foundation had made it possible to initiate vegetable and fruit cultivation, dairy farming and duck breeding since 2016. In the current year apiggery and fishery has been added. The rural background of most of the Udayan residents has lead to active participation in this area. Here it must be mentioned, that revenue generation from this activity has not stabilized as yet and we should be able to reach a reasonable level in another two to three years.

The residents are paid incentive for their productive inputs in all the vocational activities to boost up their motivational level. Every single activity in this regard such as watering the plants, clearing weeds etc. is tracked in a spreadsheet and based on the overall activity in the month, incentive is calculated. 6 residents are fully involved in farming activities and are getting incentives accordingly. 13 residents are getting incentives for their involvement in household activities.



Udayan residents nurturing the Banana grove



Pigs and Ducks being nurtured in Udayan

STORY OF KANISKA –

On the 25th of July last year, a few boatmen plying their boats on the mighty Brahmaputra river, saw a man jumping up and down on a tree hanging over the river. Observing that he was behaving in an abnormal way, and apprehending a disaster, the boatmen informed the River Police. The Policemen tried their level best to bring him down, but the person instead jumped into the river and started swimming. Considering the ferocity of the river, without wasting any time the State Disaster Response force was informed, and the person was rescued. The Police realized that the man was suffering with some kind of mental illness. The Police initially took him to the OPD of Guwahati Medical College where it was ascertained that the person named KaniskaJamatia was affected by mental illness, but due to un-availability of attendants, he was taken to Udayan on the next day.

After admission at Udayan, the usual processes of medical assessments covering both mental and physical aspects, treatment and Psycho- social assessments with relevant therapy was administered. Kaniska's level of verbal communication was very low, so rapport building

required special impetus. He functions very well but shows disinterest in engaging in activities or responsibilities that were assigned. Therefore, it was planned to engage him in minor household & gardening activities under supervision and he received token (incentives) for completing the same. Over time, he became able to carry out household responsibilities without supervision and came forward on taking care of his co-residents. The social workers and health-care staff encouraged him to involve himself in drawing as he turned out to be a good artist and also excelled in music and games.

During the therapy sessions it was revealed that he came out of his home in search of employment, but had no knowledge of how he reached Guwahati. It was known that he is from Teliamura in Khowai District of Tripura. He expressed his willingness to go back home.

Finally the re-integration team set out for Kaniska's home on the 20th September, just two months from the day he was found. On 22-Sept-2017 they reached Teliamura but a day before a heavy communal clash occurred where one local TV news journalist was hacked to death and many policemen were critically injured and it was curfew like situation. Mobile, internet and television network was totally shut down; they somehow managed to trace his home. He was successfully reintegrated with his parents. It was known that he was missing from last 2½ months. They appreciated the team for bringing him back safe and sound. His elder brother too is suffering from mental illness and has been chained & locked inside a room for several years as they could not seek psychiatric interventions due to lack of psychiatric facility. The family members have been given a brief orientation about the issue and were advised to seek psychiatric treatment for Kaniska's brother as well.



Kaniska with his parents and sister

HOME AGAIN – Independent Shared Housing in the community for residents of Navachetana and Udayan

3 Urban Homes at Rehabari&Japorigog, Guwahati,

3 Rural Homes at P.L. Home Campus, Bamunigaon

Total number of persons intervened during the year = 30



Keeping in line with our ultimate objective of re-integrating the residents of the homeless residents of Navachetana and Udayan with their families , we do manage to find the homes of 90% of such people. The remaining residents who have completed at least one year in the Transit facilities have reduced positive symptoms related to their illness and better functional level, are being shifted to independent shared homes. Usually five men or women reside in these homes, and they live a life like anyone of us. Most of the residents of these shared homes are earning a livelihood through varied engagements. Few of them are employed with a packaging industry in Guwahati, two in a Private School, a few in Ashadeep’s Day Rehabilitation centre , another two in The Transit facility for women at Bamunigaon. Three of the male residents are running a vegetable shop at Bamunigaon and so on. The women do spend more of their earnings on cosmetics in addition to contributing to running their homes , whereas the men in addition to having a smoke now and then do go to the movie halls too.

These homes have been in operation for over two years, and today we feel that they are a necessary follow –up to the more medically oriented Transit Rehabilitation facilities. But at the same time from our point of view , controlled psychiatric symptoms and lower disability levels

are essential for being a part of the shared homes. Again, the shared facilities created by Ashadeep are clustered together both in the village and also the city, though the residents freely interact with the community at large. The interaction between the residents of separate homes , we find are like the way we interact with our cousins and uncles, living separately but coming to help each other at times of need.



The Vegetable stall at Bamunigaon market



Sunaina and Chitra at the packaging unit

FREE PSYCHIATRIC OUTDOOR CLINIC (OPD) at Ulubari, Guwahati

Ashadeep has been providing access to mental health care since 2006 for marginalized population through its Free Psychiatric Outdoor Clinic located at Ulubari. The ex-residents of Navachetana and Udayan, who have been re-integrated with family are being followed up for continuation of their treatment at this OPD. It is also serving the mental health care needs of lower economic groups. During 2017-18, 44 new patients were registered in the OPD and 617 reviews were done for old patients. 367 reviews are of ex-residents of Navachetana, who are continuing their treatment through the OPD during the year.

RESOURCE CENTRE

Over the years, bridging a major gap in mental health human resource availability in the region, Institutions providing education in Social Work, Psychology etc. have started. Social Workers, Psychologists and Community Mental Health Workers are key stakeholders in the promotion of mental health issues, both in the Government and also the Non-Governmental sectors. Our experience in this area was limited to providing short term internship programs for students from across the country. The feedback received on the utility of these programs and also suggestions from Employers on the need for more practical exposure for their prospective employees in mental health work, has prompted us to initiate a **Certificate course on Mental Health and Behavioral Sciences**. The Programme / Projects of Ashadeep facilitate the scope of practical exposures at ground level for the students seeking a career as Mental Health Professionals. The modules of this course have been designed so as to provide the finishing touches to those students who aspire to work on the issue of Mental Health, through substantial practical exposures. The first batch has been started in July 2018 at the premises of Day Rehabilitation Centre.

Just like the previous year, this year also Ashadeep had facilitated orientation training and practical exposure on mental health issues to students coming from different educational institutions of Guwahati and across the country to pursue their internship. The Internship Program registered 159 students. The institutions who send their students for internship to Ashadeep are -

1. Cotton University, Handique Girls' College, Karmashree Hiteswar Saikia College, Assam Don Bosco University, Gurukul Grammar Senior Secondary School, Srimanta Shankar Academy Senior Secondary School, NERIM, IGNOU, Asian Institute of Nursing, NEF College, IIT Guwahati - Guwahati
2. Tezpur Central University
3. Kaziranga University, Jorhat
4. Dibrugarh University
5. NIT Silchar
6. Mizoram University

7. Viswabharati College, West Bengal
8. Amity University, Noida and Delhi University
9. Pune University and Symbiosis College - Pune
10. Christ University, JyotiNivas College and Mt. Carmel College - Bangalore
11. Tata Institute of Social Science – Mumbai, Ranchi and Guwahati
12. Central University Puduchery and IIT Chennai

NEW PROJECTS

1. Survey in Government mental Health Institution as a member of the National Task Force to evolve a comprehensive national strategy for Inclusive and Community based options for people with mental health issues in India

Provisions of the Mental Healthcare Act 2017 discourage long term institutionalization of the mentally ill persons in mental health institutions.

In this regard, a Task Force has been constituted to carry out a study on de-institutionalization of persons with mental illness admitted in the mental health institution of the country to develop a National Strategy on Inclusive and Community Based Living for such Persons. Members of the Task Force are Ministry of Social Justice & Empowerment, Ministry of Health and Family Welfare, The National Trust, Keystone Human Service International, Tata Institute of Social Science, NIMHANS Bangalore, a few reputed NGOs working in the field of mental health across the country including Ashadeep.

The Task Force has developed a study protocol to assess the condition of persons who have recovered from their mental illness, but are still languishing in these institutions for more than one year. At the same time it also aims to collect information on the Rehabilitation facilities in the community with an aim to shift the long stay patients of the Hospitals to such facilities if the families are not traceable. The Study has been given ethical clearance by Tata Institute of Social Science, Mumbai. The Study is being funded by The Hans Foundation, New Delhi.

Ashadeep has been entrusted to carry out the Survey in the Government Mental Health Institutions of the North Eastern states viz. Assam, Meghalaya, Tripura and Nagaland.

2. Community Mental Health Programme in collaboration with Assam Don Bosco University in Tepesia under Kamrup District. This is a unique programme as the Department of Social Work of the University join hands with Ashadeep to render mental health interventions in the community by the students as part of their course curriculum for their Post Graduate four semester programme of the Master of Social Work (MSW) students. The ground work of strategic planning, signing an MoU with the University, Designing the Training Modules are under process.

The proposed activities are detailed below –

- Provide awareness to the community on Issues of Mental Illness.
- Identification of cases with Mental Illness in the community – Basic Health screening, Health Questionnaires.
- Provide Mental health services – the identified cases will be directed to the Psychiatrist in the Centre for diagnosis and medication
- Psycho-social support and counseling to the patients and family members.
- Referral services
- Rigorous follow up and records on each case, ensuring that people with mental illness can access regular care and receive necessary medication through home visits, psycho-education and counseling.
- Networking with different stakeholders (Government Hospital)

FINANCIAL INFORMATION

Abridged Balance Sheet As On 31st March 2018

Assets	Current Financial year		Previous Financial year	
	AMOUNT	%	AMOUNT	%
Fixed Assets	221158.50	2%	255391.11	2%
Investment	8406390.46	62%	3783180.96	34%
Deposits and Advances	195667.00	1%	244939.92	2%
Current Assets	4809880.12	35%	6738807.20	61%
Income and Expenditure A/c Balance				
Total	13633096.08	100%	11022319.19	100%
Liabilities				
Corpus/Endowment Funds(s)	9112997.50	67%	7680670.34	70%
Capital Reserve				
Earmarked Funds	3335650.28	24%	2018578.55	18%
Loans / Borrowings				
Current liabilities and provisions	1184449.00	9%	1323070.30	12%
Total	13633096.78	100%	11022319.19	100%

Abridged Income and Expenditure Account As On 31st March 2018

Particulars	Current Financial year		Previous Financial year	
	AMOUNT	%	AMOUNT	%
Income				
Self generated funds	2633944.75	18%	1610316.13	10%
Indian sources	4186851.82	28%	10793970.80	64%
International sources	8049262.06	54%	4373531.74	26%
Total	14870058.63	100%	16777818.67	100%
Expenditure				
Programme expenditure	12039258.61	89%	16318274.62	98%
Management expenditure	1461961.87	11%	351089.92	2%
Other expenditure	46113.99	0%	66894.81	0%
Total	13547334.47	100%	16736259.35	100%
Surplus/ (Deficit)	1322724.16		41559.32	

Abridged Receipt and Payments Account for the year ended 31st March 2018

Receipts	Current Financial year		Previous Financial year	
	AMOUNT	%	AMOUNT	%
Opening Balance : Cash and Bank	6326344.60	27%	8145045.92	32%
Self generated funds	2611098.28	11%	1378450.00	5.34%
Indian sources	3800816.86	16%	10635508.66	41.22%
International sources	10216752.95	44%	5164336.94	20.02%
Secured loans				
Other receipts	393002.50	2%	477282.50	1.85%
Total	23348015.15	100%	25800624.02	100%
Payments				
Programme Expenditure	13996543.81	60%	15217052.50	58.98%
Management Expenditure	445919.37	2%	503654.92	1.95%
Other Expenditure	422570.00	2%	25585.00	0.10%
Fixed Assets purchased			719987.00	2.79%
Loan repaid				0.00%
Investments	4500000.00	19%	3000000.00	11.63%
Advance to staff			8000.00	0.03%
Closing Balance : Cash and Bank	3982981.97	17%	6326344.60	24.52%
Total	23348015.15	100%	25800624.02	100%

DikshaPurkayastha (Chartered Accountant)

AnjanBordoloye(President)

Membership No. 307881

FRN : 0326761E

Mukul Ch. Goswami (Secretary)

Place : Guwahati
Date : June 15, 2018

Place : Guwahati
Date : June 15, 2018

STAFF STRENGTH

Type of Staff	Male	Female	Total
Paid Full Time	3	2	5
Paid Part Time	2		2
Paid Contract Staff	20	28	48
Paid Consultant	3		3
TOTAL	28	30	58
Unpaid Volunteers	1	2	3

Distribution of Staff According To Salary Levels (for all full time/part time/contract/consultant/other staff)

Slab of gross monthly salary (in `) plus benefits paid to staff	Male Staff	Female Staff	Total Staff
<5000	3	5	8
5001-10000	14	20	34
10001-25000	8	3	11
25001-50000	3	2	5
TOTAL STAFF	28	30	58

The salary and benefits of the NGO Head, the highest paid staff member and the lowest paid staff member in 2017-18

Head of the Organisation : Mukul Chandra Goswami, Secretary /Director (Programme) ` 4,80,000/-

Highest paid: Dr. Anjana Goswami, Director `5,94,000/-
Resource Centre & Project Head

Lowest paid : Shri Pankaj Das ` 33,600/-
Part Time Yoga Teacher

Remuneration paid to Executive Committee Members in the year 2017-18:

SL	NAME & DESIGNATION	AMOUNT (Rs)
1	Shri AnjanBordoloye, <i>President</i>	ZERO
2	Shri Mukul Chandra Goswami, <i>Secretary</i>	` 4,80,000/-
3	Shri VijoyPatir, <i>Treasurer</i>	ZERO
5	Shri BhaskarBarua, <i>Member</i>	ZERO
5	Shri Ronojoy Sen, <i>Member</i>	ZERO
6	Shri Ashok Jhuria, <i>Member</i>	ZERO
7	Shri Ajit Narayan Dev Kachari, <i>Member</i>	ZERO
8	Smt. ManjusriBaruah, <i>Member</i>	ZERO

NOTE:

Remunerations paid to Shri Mukul Chandra Goswami towards his full time involvement as Director (Programme).

Amount Reimbursed to Board Members in the year 2017-18 for the following items:

1	International Travel	nil
2	Domestic Travel	nil
3	Local Conveyance	nil
4	Entertainment Expenses	nil
5	Others	nil

Travelin the year 2017-18

Total cost of national travel by all Staff and Board Members	` 26,388/-
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Total cost of international travel by all Staff and Board Members	Nil
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Acknowledgements

The Ashadeep family is grateful to the following individuals and organizations for their support to the cause of Ashadeep:

1. Department of Social Welfare, Government of Assam
2. Department of Health, Government of Assam
3. GiveIndia, Mumbai
4. The Hans Foundation, New Delhi
5. Sitaram Jindal Foundation, New Delhi
6. Shamdasani Trust, Hong Kong
7. Members of Staff, World Bank, New Delhi
8. Shradhha Foundation, Mumbai
9. The Banyan , Chennai
10. Grand Challenges Canada
11. MorigaonMahilaMehfil, Morigaon
12. 'SATRA', Sipajhar
13. 'Seneh', A home for destitute elderly women
14. St. Stephen's School, Guwahati.
15. Assam Don Bosco University
16. Special Olympics Bharat (Assam Chapter)
17. Mr. Parthasarathy Choudhury, Shillong
18. MrMaqbul Ahmed, Guwahati
19. All other individual donors who have made contributions towards the organization during the year.
20. Members of the Print & Audio-Visual Media.

PHOTO GALLERY

ANNUAL DAY CELEBRATION



PARTICIPATION OF DAY REHABILITATION STUDENTS IN SPECIAL OLYMPICS EVENTS



WORKSHOP BY KEYSTONE INSTITUTE INDIA

RESIDENTS OF 'HOME AGAIN' SHARED HOME (WOMEN)



PICNIC BY RESIDENTS OF 'HOME AGAIN' SHARED HOME (MEN)

