

ASHADEEP

ANNUAL REPORT 2020-21



Registered office:

Piya Apartments, Kanaklata Path, Lachitnagar, Guwahati-781007, Assam, India. Phone : 0361-2456837
Email :societyashadeep@yahoo.com | Website :www.ashadeepindia.org

VISION : To achieve a life of better quality for persons with mental disorders and their families.

MISSION : To initiate and strengthen Mental Health Interventions in the North Eastern states of India.

- Registered under Societies Registration Act No.RS/KAM/240/C/385 of 1996-1997
- Registered under Foreign Contribution Regulation Act No. 020780056
- Registered under National Trust NoAASH16515908695 dated 30/11/2016
- Donations exempted from Income tax Under Sections 12(A) & 80(G) of IT Act 1961

Name and Address of Auditors :

1. D. Purkayastha & Company, Police Bazar, Shillong – 793001, Meghalaya.
2. Dhawan Pandey & Associates, 101, Shivam Apartment, Opposite PIBCO Building, Rukmini Gaon, Guwahati – 781022, Assam.

Names and Addresses of Bankers :

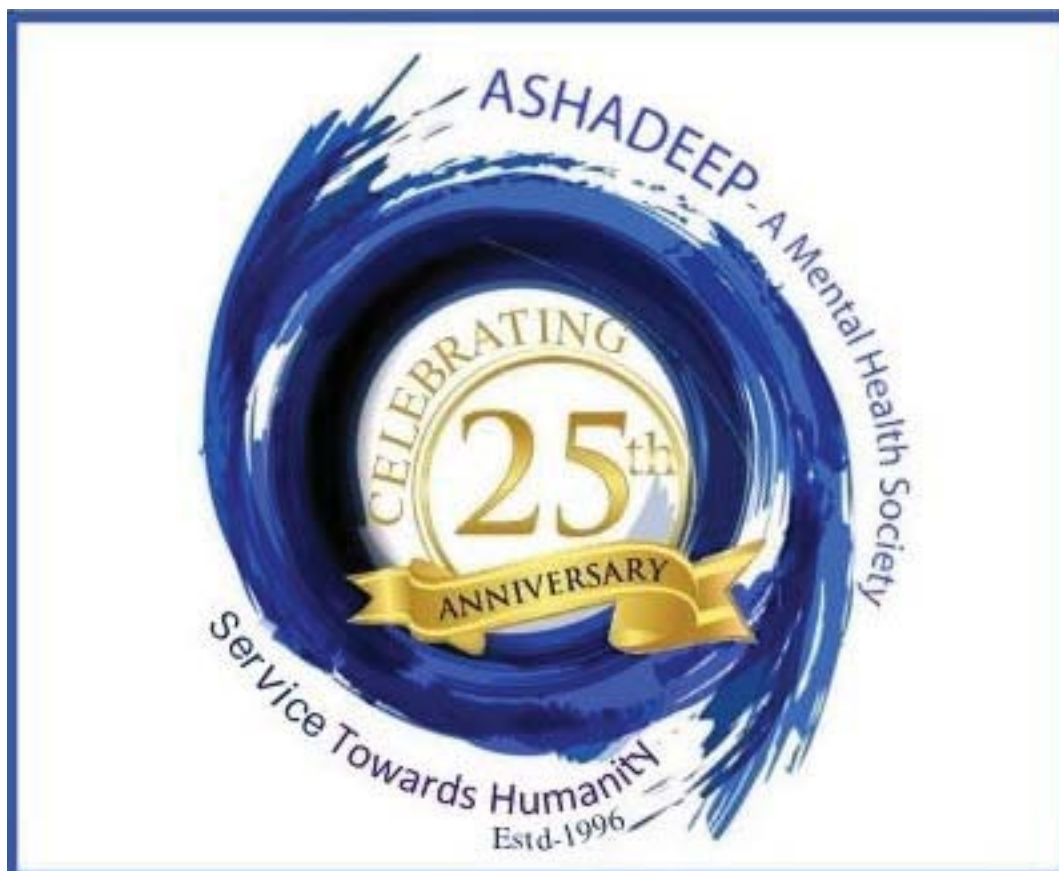
1. State Bank of India, West Guwahati Branch, Bharalumukh, Guwahati
2. Axis Bank, Chibber House, G.S. Road, Guwahati
3. Yes Bank, G.S Road, Ulubari, Guwahati
4. HDFC Bank, Beltola, Guwahati
5. North East Small Finance Bank, Pamohi, Gorchuk, Guwahati
6. State Bank of India, New Delhi Main Branch, 11 Parliament Street, New Delhi

Contact Persons:

1. Mukul Chandra Goswami, Secretary Ph : +919435043308
2. Dr. Anjana Goswami, Director Ph : +919864077861

Brief History

Ashadeep is the pioneering organization of North-East India in the field of mental health. Since its inception in 1996, it has provided services across several domains of mental health issues such as Day Rehabilitation Centre for Persons with Mental Illness and Intellectual Disabilities, rehabilitation and reintegration of Homeless Persons with Mental Illness, Community Mental Health Services, free Psychiatry OPD consultation for persons with mental illness and psychotherapy & counseling services. In its 25th year of catering to the people of North-East India, Ashadeep endeavors to reach out to communities of rural areas and take forward the baton of mental health care & awareness.



SECRETARY'S DESK



It would not be wrong to term the last year as the 'Covid year'. While most of us were finding ways and means to pass our time within closed doors, nearly all of our staff members were on the job with the added burden of guarding self and all our wards from this deadly virus. Protecting the most vulnerable residents of our Rehabilitation facilities for homeless persons, providing food and medicine during lockdowns, admitting new case from the streets, re-uniting some with their families when public transport systems were down by our people at Bamunigaon showcased remarkable commitment. The innovations used by our teachers in utilizing the services of interns to provide all kinds of therapy to the Day care residents and their families was path breaking. The administration team had no respite too, as all HR activity had to be maintained. The added pressures of adhering to the timelines of registration renewals, new Government protocol was taken care of maintaining all timelines.

Coming to the financial area, when salary cuts and lay-offs were the ruling trends, at Ashadeep, there not a single lay off, no salary cuts, increments were on time. This happened even when there was a deficit of around seven lakh rupees in terms of fees from our Day Care centre and around twenty lakh rupees the usual support from the Government. Fortunately this gap was partly covered by increased donations from Give Foundation, Benevity UK online giving, Staff of World Bank group , Facebook and other individual contributions. We express our gratitude to these agencies and individuals for helping us in tiding over this crisis.

The Azim Premji Foundation did not deter from their commitment to support Ashadeep in starting a new Community Mental Health program at Rangjuli and also the initiatives at Morigaon and Nagaland. The Foundation also provided the entire outlay of providing relief rations to 2000 families in our program areas at Guwahati, Boko and Rangjuli. Currently with their support we are also facilitating the vaccine process in Goalpara district.

The support from "Saksham" together with the Assam Health department in conducting three vaccination camps for our residential and day care residents was invaluable.

My sincere thanks to all involved with Ashadeep in the last year and hope that we see a brighter tomorrow.

Guwahati

Mukul Chandra Goswami
Secretary

EXECUTIVE COMMITTEE MEMBERS

Sl	Name& Designation	Occupation	Address
1	Shri Anjan Bardoloye PRESIDENT	Retired Assam Government official	R.G. Baruah Road, Near Assam State Zoo, Guwahati Ph:9435304306
2	Shri Mukul Chandra Goswami SECRETARY	Retired Bank Employee	4 th Floor In-Built Residency 9 Monalisa Path, Mother Teresa Road, Guwahati –781024 Ph: 9435043308
3	Shri Vijoy Patir TREASURER	Business	Near Anganbari, West Silpukhuri Road, Guwahati – 781003. Ph: 9864091783
4	Shri Bhaskar Barua MEMBER	Retired Government official	House No. 3, 2 nd By Lane, S.K. Baruah Road, Rukmini Nagar, Guwahati – 781006. Ph: 9435011862
5	Shri Ronojoy Sen MEMBER	Consultant Architect	4 th By Lane, Tarun Nagar, Guwahati- 781007. Ph: 9435107827
6	Smt. Manjusri Baruah MEMBER	Retired College Teacher	Hno. 30, Sanyogi By Lane, BishnuRabha Path, Guwahati Ph:9864038692
7	Shri Nilamoni Goswami MEMBER	Law Practitioner	K.K. Bhatta Road, Chenikuthi, Silpukhuri, Guwahati – 781003 Ph : 9435044407
8	Shri Dipak Bhagawati MEMBER	Retired Engineer	Laxmi Bhawan, Hno-18, Janapath, Hatigaon, Guwahati Ph : 8011232509

THE EXECUTIVE COMMITTEE MEETINGS HELD DURING 2020-21

Sl.No.	Meetings Held on	Members present
1	01/10/2020	7
2	06/12/2020	5
3	27/03/2021	5

Due to the Covid 19 Pandemic situation, the meeting on 01/10/2020 was held virtually using the Google Meet platform.

Brief details of projects

Sl. No.	Project / Activity	Number of Beneficiaries in 2020-21	Progressive Total upto 31/03/2021	Supported by
1	Day Rehabilitation Centre, Guwahati Total students New admission during the year	86 4	396	<ul style="list-style-type: none"> • Self generated • Part sponsorship by Give India
2	Navachetana – Rehabilitation of Homeless women with mental illness, Bamunigaon Total admissions Re-integrated with families	14 11	752 712	<ul style="list-style-type: none"> • Part by Give India • Part by Social Welfare Deptt. Govt. of Assam • Part by Azim Premji Foundation, Bangalore
3	Udayan Home for Rehabilitation of homeless Men with mental illness Number of men admitted Number of men reintegrated	11 12	254 211	<ul style="list-style-type: none"> • The Hans Foundation, New Delhi till Sep'20 • Rural India Supporting Trust, US since Oct'20 • Partly by Give India
4	Free Psychiatric Outdoor Clinic (OPD), Guwahati New Cases Registered Total cases reviewed	31 468	1356	
5	Resource Centre Number of Interns who attended the facilities of Ashadeep	80		
6	'Home Again' – Shared Housing Number of homes Total residents	4 18		<ul style="list-style-type: none"> • Social Welfare Department, Govt. of Assam • Two of the Urban Homes by The Hans Foundation, New Delhi and Rural India Supporting Trust, US
7	Professional Psychotherapy & Counseling Services by Clinical Psychologist Initiated since December 2020	22		<ul style="list-style-type: none"> • Paid service
8	Community Mental Health Programme in Rangjuli, Goalpara district Total population to be covered in Rangjuli Number of patients identified/enrolled in Rangjuli NOTE : The same program has been initiated in 1 block of Morigaon district and 1 block of Dimapur district in Nagaland with technical support from Ashadeep	1,09,094 631/269		<ul style="list-style-type: none"> • Azim Premji Foundation, Bangalore

Major Grants received during 2020-21

SI No	Agency	Purpose	Amount in ₹
1	The Hans Foundation, New Delhi	For Udayan – Rehabilitation home for homeless men with mental illness	23,38,749/-
2	Azim Premji Foundation, Bengaluru	For Community Mental Health Program, Navachetana home and Construction of Day Rehabilitation Centre	1,05,73,800/-
3	Social Welfare Department, Government of Assam	For Rehabilitation home for homeless persons with mental illness and Day Rehabilitation Centre for Intellectually Disabled	7,36,000/-
4	Give Foundation, Mumbai	Towards Rehabilitation expenses at Day Care Centre, General expenses, Corpus Fund, Food & Medicine Expenses of Navachetana residents	27,56,684/-
5	UK Online Giving Foundation	Towards General Fund	8,43,357/-
6	Donation - Facebook	Towards General Fund	6,85,252/-
7	Trent Limited	Towards Mental Health Sensitization in Educational Institutions of Rural Areas	4,00,000/-
8	Sitaram Jindal Trust, New Delhi	For Rehabilitation home for homeless women with mental illness	27,500/-

PROGRAMME INFORMATION

DAY REHABILITATION CENTRE for persons with Intellectual Disability and those recovering from mental illness

Services provided

1. Conventional and Special Education; Living and Social skills training; Extra- curricular activities; Regular and Adventure sports.
2. Sports activities (state, national and international level) under Special Olympics Bharat Assam Chapter.
3. Pre –Vocational and Vocational activities carried out in the vocational unit which is a part of therapy as well as source of facilitating income generation .
4. Counseling (individual/family) to persons recovering from Mental illness, individuals with Intellectual Disability and their caregivers.
5. Training to caregivers of both the segments
6. Sensitization and advocacy efforts on issues related to mental health.

86 regular students with 4 new admissions in the year.

Regular Staff –

- **Special Educator**
- **Graduate Teacher**
- **Vocational Trainer**
- **Music & Tabla Teacher**
- **Yoga Teacher**
- **Attendants**
- **Drivers**
- **Cleaners**

At the onset of the Pandemic in April 2020, Ashadeep Day Rehabilitation center adapted and modified its services to be delivered in alternate ways that did not involve face to face interaction. The modification involved the use of virtual mode to conduct regular classes of the day residents of the center, meetings with staff and caregivers, and counseling sessions. The teaching sessions of special education and multi skill training to its day residents were done through WhatsApp video conference call and Google Meet. The extra curricular activities like Dance, Singing, Tabla, Meditation and Yoga, Art & Craft, Exercise and sports were also carried out virtually as per routine. Online competitions and group activities, awareness session on COVID related topics were also conducted to keep up the morale of the day residents. During this time one significant positive outcome was the involvement of the caregiver’s fraternity in their wards’ regular online sessions. They were seen helping their wards in art and craft activities, singing in unison and actively participating in yoga and sports online classes. Around 80 interns from different institutions were also roped in to conduct the sessions and provide technical support to ease off to this new way of learning.

Efforts put in during this pandemic:

- A total of 32 day residents were doing daily online sessions under the guidance of the center’s trainers.
- 50 day residents who did not have access to internet facility were given daily training through home assignments, telephonic session by the trainers.
- Home visits were also conducted by the trainers to provide support to the severely challenged day residents of the center.
- Almost all the parents/ guardians/ day residents were

- ✚ Pallab Kalita, diagnosed with mild intellectual disability cleared his High School Leaving Examination under Assam State Education board .
- ✚ On the occasion of International Yoga Day, Anudhriti Saikia, Dhrubojyoti Patowary, Debolina Mahanta did yoga along with Honorable Governor of Assam, Shri Jagdish Mukhi on a common virtual Platform.
- ✚ 5 athlete students of the centre, who participated in national and international sports events received sports incentives from the Directorate of Sports.

given emotional support during this time of distress through regular telephonic counseling by the trainers and other staff of Ashadeep.

- Online competitions and activities on areas like virtual sports, art, virtual musical fiesta, Virtual Yoga organized by various national and local level organizations like Special Olympics Bharat, All India Institute Of Public and Physical Health Science, Prag channel, G-Plus, Care for u 365 also helped the day residents to stay productively engaged and motivated.
- The team in the vocational unit also adapted to a new production line - masks and head cover making, with a total of 3000 masks produced during the year.
- On 31st January, 2021, the students and staff of the centre took part in Ashadeep's walkathon organized to commemorate Ashadeep's 25 years of service in the field of Mental Health.

Photographs :-



An online session on self help skill training – ‘brushing teeth’



An Online session involving a day resident, trainer and an intern



Walkathon to celebrate 25th Year of Ashadeep



Athletes of ADRC who received Sports Incentive from Directorate of Sports



Awareness session on Covid Protocols



Drawing Competition



Annual Sports day



Training on Eco Brick making



Movie Session

Residential Rehabilitation program for Homeless Persons with Mental Illnesses:-

1. Navachetana home for women
2. Udayan home for men
3. Rural and urban 'Shared Homes' for residents with long term care needs

Total Bed Capacity -

Navachetana : 25

Udayan : 40

Shared Home : 20

Total Admission : 25

Total Discharge : 23

Staff Pattern –

- Psychiatrist
- General Physician
- Clinical Psychologist
- Psychologist
- Social Workers
- Psychiatric Nurse
- Health Care In-charge / Workers
- Centre In-charge
- Yoga Teacher
- Cooks
- Attendants
- Cleaners
- Personal Assistants

Donations and Contributions

On 6th May 2020, local MLA along with his official team visited Udayan and donated face masks, hand sanitizers and fruits to the residents.

Birthday celebration of community people at Udayan

A special meal was served to the residents by a local person in the neighborhood on the occasion of his son's birthday.

Training program for Resident Staff

Refresher course cum training programme on Mental Health for health care workers was started on 2nd June 2020 at Udayan campus. The program was facilitated and moderated under the able leadership of Miss Pinky Chetia, Psychiatric Nurse.

The content of the training programme was developed based on the need of the organisation which included a list of topics related to mental health and its promotion, various mental disorders and its management, risk prevention measures and practiced based skills in dealing with patient suffering from any mental disorders.

NEW INITIATIVES

Happy Corner

A small shop "Happy Corner" was set up in the campus on 27th May which is run by shared home resident Shekhar Pran Goswami. He sells chips, biscuits, juices and sweets and residents buy from the incentives they earn.

This shop has a therapeutic value for both Shekhar and the other residents. It has boosted the self confidence in Shekhar and he now plans to expand his business. On the other hand, the residents need money to buy the eatables from 'Happy Corner' which has become a motivation for them to work more sincerely so as to earn incentives.

Happy Petals

On 24th November, a roadside nursery "Happy Petals" was opened outside the Udayan gate. The nursery is managed by the residents under the guidance and supervision of health care staff. It is an endeavor to help the highly functional residents to give an

OTHER CELEBRATIONS

- International Yoga Day
- Independence Day
- World Mental Health Day
- Diwali
- Christmas
- Bhogali Bihu
- World Health Day
- Bohag Bihu
- Women's Day
- Holi

A Cleanliness drive cum tree plantation and a Sports-cum-Cultural event organized by interns from Jorhat Institute of Science and Technology

SUPPORTED BY –

Navachetana – Azim Premji Foundation, Bangalore

Udayan and the Urban Shared Homes – The Hans Foundation, New Delhi and Rural India Supporting Trust, US

opportunity for mainstreaming while dealing with the customers. It has blooming roses, pansies, marigold, mosses and a variety of other flowering and ornamental plants all of which are nurtured by the residents of Udayan and Navachetana. “Happy Petals” is also an attempt to create awareness in the community that proper treatment and rehabilitation can reverse the condition of people suffering from mental illness.

How the Homes fought the Pandemic

To deal with the COVID-19 Pandemic effectively, utmost efforts and measures were taken with specific guidelines to protect the residents of both Navachetana and Udayan along with the staff members.

1. Weekly monitoring of the vital parameters such as temperature, pulse rate, blood pressure and oxygen saturation of the residents and staff members was done under the supervision of the Psychiatric Nurse and a Health care Staff.
2. Monitoring for any signs and symptoms suggestive of Covid 19 was done regularly for the residents and the residential staff.
3. Rapid Antigen Test was done at the nearest COVID Screening Centre for residents and staff exhibiting any flu-like symptoms.
4. Restrictions were placed on outside visitors except for the consultant Psychiatrist and Physician who made their regular visits to the facility for follow-up and consultation services.
5. Sanitization of entire campus including workplaces, office rooms, dining hall, residents' rooms, kitchen, dining hall was done with sodium hypochlorite solution every alternate day.
6. Social distancing norms were followed among the residents during any group or recreational activities. Distances between the beds were kept at least 1-2 meter apart. Wearing of 3 layered masks was made compulsory at the time of doctors' visits.
7. All health care staff, professional team members, administrative and the support staff were successfully vaccinated against Covid-19 with both the doses between March and April 2021.
8. Special vaccination camps were organized for the residents in June and July 2021.

Photographs -



Covid relief distribution by local MLA



Training of resident Staff



Shekhar with his "HAPPY CORNER"



"HAPPY PETALS" – the nursery of the residents



International Yoga Day Celebration



Art Competition amongst Residents



Checking of Blood Sugar level organized by JCI Queens



Cleanliness drive by Interns



Group Session by Interns



Vocational activity



Residents receiving incentives

FREE PSYCHIATRIC OUTDOOR CLINIC

Location –
'Medisafe'
Below Ulubari Flyover
Guwahati

Intervening Team-
Psychiatrist
Clinical Psychologist
Social Workers

Total Patients registered : 1356
New patients : 31
Follow up : 468

This Outdoor Clinic has no financial support from any agency and Ashadeep manages the expenses from its own resources.

The outdoor Psychiatric service was suspended from the last week of March, 2020 to April, 2020 due to nation-wide lockdown for the first wave of Covid-19 pandemic. During this period the patients could not collect their medicines from our OPD and many of them could not afford buy them due to their poor economic conditions and there were signs of relapse. A few patients contacted us narrating their plight, following which, home visits were made to 8 patients in April by our Social Workers within Guwahati and its outskirts to give them medications for one month.

The outdoor clinic has been operational since 2006, and is within a distance of about two kilometers from the Guwahati Railway station. Patients of Navachetna and Udayan who are reintegrated successfully are advised to come to the psychiatric outdoor clinic for their follow up and medication.

Consultation is provided in this outdoor clinic on every Tuesday.

COMMUNITY MENTAL HEALTH PROGRAMME

<p>Implementation site –</p> <p>Rangjuli block in Goalpara district Population 1,09,094 No of Villages 127</p> <p>Category of illnesses intervened –</p> <p>Severe Mental Disorder Common Mental Disorder Convulsive Epilepsy Intellectual Disability</p> <p>Total Patient Identified : 631</p> <p>Total Patient Enrolled : 269</p> <p>Total Home Visits made :</p> <p>CMHP Core Team –</p> <ul style="list-style-type: none"> • Program Co-ordinator • Psychiatrist • Clinical Psychologist • Social Workers • Special Educator • Field Co-ordinator • 7 Community Health Workers <p>SUPPORTED BY –</p> <p>Azim Premji Foundation Bangalore</p>	<p>Community Mental Health Programme (CMHP) has been initiated since June 2020 for a term of three years and is funded by the Azim Premji Foundation, Bangalore. Ashadeep is implementing this project at Rangjuli block in Goalpara district on its own and in association with two implementing partners viz. Morigaon Mahila Mehfil in Bhurbandha block of Morigaon district and Prodigals' Home in Chumukedima block of Nagaland. Technical support to these two NGOs will be extended in terms of training, monitoring and review during the three years project period.</p> <p>Four categories of illnesses are covered in this program – Severe Mental Disorder, Common Mental Disorder, Convulsive Epilepsy and Intellectual Disability. A field team of one Field Co-ordinator and seven Community Health Workers (CHW) are engaged at Rangjuli to provide the services.</p> <p>To provide clinical interventions, Ashadeep has associated with Rangjuli Block PHC and Bikali Model Hospital. Fortnightly psychiatric OPD is held at Rangjuli BPHC and screening for patients with Common Mental Disorder is carried out at Bikali Model Hospital.</p> <p>Activities conducted so far -</p> <ul style="list-style-type: none"> ➤ 7 days combined residential training at Guwahati was organized during 21/09/2020 to 29/09/2020 for capacity building of 3 Field Co-ordinators and 26 CHWs engaged in Rangjuli, Morigaon and Nagaland. ➤ The actual field activity was initiated from October 2020 in all the three sites. ➤ Continued support in all the three sites has been extended by Program Co-ordinator and Social Worker in terms of on-site training as per requirement, and monthly monitoring & review of the activities. <p>Orientation & Training of other stakeholders –</p> <ul style="list-style-type: none"> ➤ Doctors' training on diagnosis and treatment of Common Mental Disorders for the doctors from PHCs of the Block. ➤ Training of ASHAs on mental health issues, identification of persons with mental illness and Epilepsy. ➤ Awareness meetings by the CHWs in their respective areas. ➤ Awareness in St. Francis School and Bikali College in Dhupdhora.
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Photographs –



Combined training programme of three sites, clockwise – the participants, a training session, Role Play, Group activity



Community awareness programme



Psychiatric OPD at Rangjuli Block PHC



Home Visits by Community Health Workers



Training of PHC Doctors



Training of ASHA workers



Assessment and Intervention of children with intellectual disability



Street Play on the occasion of World Mental Health Day at Rangjuli

PROFESSIONAL PSYCHOTHERAPY & COUNSELING SERVICES BY CLINICAL PSYCHOLOGIST

Mode of service

- Face to face
- Online

No. of clients intervened : 22

This is a paid service

Ashadeep has initiated a Professional Psychotherapy & Counseling Services by Clinical Psychologist in Guwahati. This initiative has covered children facing neurodevelopmental and behavioral difficulties, adults with common mental illness like Anxiety, Depression and other challenges to behavioural and interpersonal functioning, adults suffering from substance abuse and dependence and elderly people with Anxiety, Depression and other challenges to effective emotional functioning. This service can be accessed with prior appointment with the Clinical Psychologist and each session is for a duration of 40-50 minutes. Duration.

Mental Health Sensitization in Educational Institutions of Rural Areas

Educational Institutions approached so far :-

1. Bikali College, Dhupdhora
2. St. Francis High School, Dhupdhora
3. J.N. College, Boko
4. Choygaon College, Chaygaon

Ashadeep has initiated a mental health sensitization programme in educational institution in the Rangjuli, Boko and Chaygaon since March 2021. The main objectives of the programme are :-

1. Raising awareness and sensitization about mental health issues that mostly go unnoticed until a certain level of severity has reached.
2. Aiding early identification and help for emotional and behavioural disturbances to the teachers/ faculty members of the institutions.
3. Strengthening communication and support for emotional and behavioural distress.
4. Laying the foundation to destigmatize concepts of mental health, mental illness, and help-seeking for emotional problems.
5. Promoting positive mental health and foster an environment of acceptance and support.

Photographs –



Sensitization of faculty members of Bikali College



Session on Positive Mental Health with the students of Bikali College



The MoU signed between Ashadeep and Bikali College for counseling session for its students

FINANCIAL INFORMATION

Abridged Balance Sheet As On 31st March 2021				
Assets	2020-21		2019-20	
	AMOUNT	%	AMOUNT	%
Fixed Assets	410349.50	1%	194086.50	2%
Investment	8169322.00	45%	9116712.00	57%
Deposits and Advances	137249.00	1%	197363.72	1%
Current Assets	11627449.62	31%	6349896.40	40%
Income and Expenditure A/c Balance				
Total	20344370.12	78%	15858058.62	100%
Liabilities				
Corpus/Endowment Funds(s)	11751449.62	71%	14517922.50	92%
Capital Reserve				
Earmarked Funds	7549507.86	1%	171844.48	1%
Loans / Borrowings				
Current liabilities and provisions	1043412.64	6%	1168291.64	7%
Total	20344370.12	78%	15858058.62	100%
Abridged Income and Expenditure Account As On 31st March 2021				
Particulars	2020-21		2019-20	
	AMOUNT	%	AMOUNT	%
Income				
Self generated funds	2635262.25	18%	3641313.12	17%
Indian sources	8051723.94	55%	9853726.26	47%
International sources	3983522.41	27%	7475654.42	36%
Total	14670508.60	100%	20970693.80	100%
Expenditure				
Programme expenditure	16148837.70	95%	15148681.68	87%
Management expenditure	879603.60	5%	2110360.45	12%
Other expenditure	51646.18	0%	87824.42	1%
Total	17080087.48	100%	17346866.55	100%
Surplus/ (Deficit)	-24,09,578.88		3623827.25	
Abridged Receipt and Payments Account for the year ended 31st March 2021				
Receipts	2020-21		2019-20	
	AMOUNT	%	AMOUNT	%
Opening Balance : Cash and Bank	5475638.15	16%	2700047.99	9%
Self generated funds	2156040.72	6%	2604224.00	8%
Indian sources	15158113.60	44%	8711358.02	28%
International sources	3877710.03	11%	7473064.42	24%
Secured loans				
Other receipts	7663054.00	22%	9830898.18	31%
Total	34330556.50	100%	31319592.61	100%
Payments				
Programme Expenditure	17193520.27	50%	15205186.01	49%
Management Expenditure	646400.68	2%	1922191.45	6%
Other Expenditure			215377.00	1%
Fixed Assets purchased	244594.00	1%	1200.00	0%
Loan repaid				
Investments	5701342.00	17%	8500000.00	27%
Advance to staff				
Closing Balance : Cash and Bank	10544699.55	31%	5475638.15	17%
Total	34330556.50	100%	31319592.61	100%

Diksha Purkayastha (Chartered Accountant)
 Membership No. 307881
 FRN : 0326761E

Place : Guwahati
 Date : October 19, 2021

Anjan Bordoloye(President)

Mukul Ch. Goswami (Secretary)

Place : Guwahati
 Date : October 19, 2021

STAFF STRENGTH

Type of Staff	Male	Female	Total
Paid Full Time	4	2	6
Paid Part Time	1	-	1
Paid Contract Staff	26	33	59
Paid Consultant	3	-	3
TOTAL	34	35	69
Unpaid Volunteers			

Distribution of Staff According To Salary Levels (for all full time/part time/contract/consultant/other staff)

Slab of gross monthly salary (in ₹) plus benefits paid to staff	Male Staff	Female Staff	Total Staff
<5000	3	3	6
5001-10000	15	17	32
10001-25000	11	7	18
25001-50000	5	8	13
TOTAL STAFF	34	35	69

The salary and benefits of the NGO Head, the highest paid staff member and the lowest paid staff member in 2019-20

Head of the Organisation : Mukul Chandra ₹ 5,80,800/-
Goswami, Secretary /Director (Programme)

Highest paid: Dr. Anjana Goswami, Director ₹ 7,70,854/-
Resource Centre & Project Head

Lowest paid : Shri Pankaj Das ₹ 23,000/-
Part Time Yoga Teacher

Remuneration paid to Executive Committee Members in the year 2019-20:

SL	NAME & DESIGNATION	AMOUNT (Rs)
1	Shri Anjan Bordoloye, <i>President</i>	ZERO
2	Shri Mukul Chandra Goswami, <i>Secretary</i>	₹ 5,80,800/-
3	Shri Vijoy Patir, <i>Treasurer</i>	ZERO
4	Shri Bhaskar Barua, <i>Member</i>	ZERO
5	Shri Ronojoy Sen, <i>Member</i>	ZERO
6	Smt. Manjusri Baruah, <i>Member</i>	ZERO
7	Shri Nilamoni Goswami, <i>Member</i>	ZERO
8	Shri Dipak Bhagawati, <i>Member</i>	ZERO

NOTE:

Remunerations paid to Shri Mukul Chandra Goswami towards his full time involvement as Director (Programme).

Amount Reimbursed to Board Members in the year 2019-20 for the following items:

1	International Travel	nil
2	Domestic Travel	nil
3	Local Conveyance	nil
4	Entertainment Expenses	nil
5	Others	nil

Travel in the year 2019-20

Total cost of national travel by all Staff and Board Members	Nil
Total cost of international travel by all Staff and Board Members	Nil

Acknowledgements

The Ashadeep family is grateful to the following individuals and organizations for their support to the cause of Ashadeep:

1. The Hans Foundation, New Delhi
2. Rural India Supporting Trust, US
3. Department of Social Welfare, Government of Assam
4. Department of Health, Government of Assam, Guwahati
5. Joint Director Health Service, Goalpara
6. Give India, Mumbai
7. Azim Premji Foundation, Bengaluru
8. PRERONA – IAS Officers Wives Association, Guwahati
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